Austin Journal of Emergency and Critical Care Medicine

Austin Publishing Group

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Clinical Image

Erythema Nodosum

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Received: July 26, 2014; **Accepted:** July 29, 2014; **Published:** Aug 01, 2014

This patient was a 54 year old male with no significant past medical history. The patient had no significant past medial history. His chief complaint was painful lesions on both lower extremities. He noted a recent infection of the skin and soft tissue of his left orbital region.

His exam was notable for inflammation of the orbit consistent with a resolving staph or strep cellulites. His heart and lungs were clear. He was a febrile. His lower extremities revealed tender warm popular erythematous lesions on both lower extremities.

A diagnosis of erythema nodosum was made. A biopsy of one of these lesions was obtained, which later confirmed the diagnosis. He was treated with nonsteroidals and given follow up with his primary health care provider.

The presumptive trigger for this patient's condition was hisrecent staph or strep facial infection, one of the most common antecedent triggers of erythema nodosum.

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Citation: Proano L and Gemme S. Erythema Nodosum. Austin J Emergency & Crit Care Med. 2014;1(1): 1.