## **Research Article**

# Pulmonary Tuberculosis Outbreak in a High School, China

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#### Abstract

This study reports an outbreak of Tuberculosis (TB) in a high school in Hunan province, China during January 2017-April 2018. Contact investigation and TB screening were conducted through symptom screening, tuberculin skin testing, chest radiography and smear examination. Identification of positive isolates and drug susceptibility phenotype were assessed by standard method. Mycobacterial Interspersed Repetitive Units-Variable Number Tandem Repeats (MIRU-VNTR) and Whole Genome Sequencing (WGS) were performed to investigate the relationships among the positive isolates. A total of 90 students and one teacher were diagnosed active pulmonary TB among 2908 students and 188 staff, with an attack rate of 2.94%. Thirteen positive isolates were identified as drug susceptible Beijing family of Mycobacterium tuberculosis. Results of MIRU-VNTR typing and WGS revealed two clones of Mycobacterium tuberculosis circulating during outbreak. One hundred and twenty-nine Single Nucleotide Polymorphisms (SNPs) discriminated the isolates in two clusters; the maximum number of SNPs between any pair of isolates in each cluster was five or fewer. Our findings highlight the importance of early identification and isolation of the TB cases to prevent spread of TB. WGS provides better resolution than MIRU-VNTR to identify recent transmission in TB outbreak.

**Keywords:** Tuberculosis; School; Outbreak; MIRU-VNTR typing; Whole genome sequencing

## **Methods**

#### Study setting

This TB outbreak was in a high school in Hunan province. Hunan province locates in central area of China with 68.6 million inhabitants, the reported incidence of TB was 76.07/100000 people in 2017. The high school is located in a county with 0.89 million inhabitants. TB cases are diagnosed and treated by local health service system.

Founded in 1956, this high school covers an area of 7.2 hectares. It has three teaching buildings, three teaching staff accommodation buildings, three student dormitory buildings, a science and technology building, a track and field ground and a canteen. During TB outbreak, this school had 188 staff, 2908 students were attending school constituting three grades from senior one to three with 852, 1023 and 1033 students respectively. Classroom is about 50 m<sup>2</sup>, class A senior three with the largest number of TB cases had 99 students in the classroom, four air conditioners and six fans were used for temperature adjustment, and windows were seldom opened for ventilation. Student's dormitory is about 20 m<sup>2</sup> with 14 beds, and each dormitory equipped an air conditioner has a separate toilet, ventilation conditions are poor. Because of overcrowded dormitory, most students rented houses near the school and lived with their parents.

## Epidemiological investigation and TB screening

Contact investigation was conducted in accordance with Chinese guidelines for TB prevention and control in school, contacts were suggested to do symptoms screening first, and then Tuberculin Skin

## Introduction

China is a country with high burden of Tuberculosis (TB) and drug resistant TB. According to the latest report of the World Health Organization (WHO), the number of TB in China ranked the third place in the world [1]. Current measures to prevent and control of TB are often focused on adults, while adolescents are often neglected in China. In recent years, some school based TB outbreaks have been reported in China [2-7], which attracts considerable attention. Data from released annual report on surveillance of infectious disease in China in 2017, 835193 TB cases were notified in China, among which, 40656 (4.87%) were students, incidence of pulmonary TB was 15.47/100000 students, and incidence of smear positive of pulmonary TB was 2.64/100000 students, the proportion of laboratory confirmed TB ranged from 8.3% to 20.8% [8]. In China, high school students face serious challenge for college entrance examination, because of high pressure and overcrowded conditions, school based TB outbreaks usually occurred in boarding school system [2,7]. Diagnosis of tuberculosis in students often relies on symptoms screening, chest radiography and smear examination, and the low proportion of laboratory confirmed TB and few of positive strains isolated from TB students, which make transmission investigation more difficult.

In the current study, we used traditional epidemiology investigation combined with Mycobacterial Interspersed Repetitive Units-Variable Number Tandem Repeats (MIRU-VNTR) genotyping and Whole Genome Sequencing (WGS) to delineate a high school TB outbreak.

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Test (TST), positive TST (induration of 5 mm or larger) contacts were recommended to perform radiography or Computed Tomography (CT) and smear examination. Contacts investigation was performed in all students, faculty members, canteen staff, administrative staff and family members of TB students. Students and staff with positive TST underwent clinical evaluation, chest radiography and smear examination evaluation; they were defined as latent TB infection if diagnosis of active TB was ruled out.

## Smear, culture, identification, and drug susceptibility testing of *Mycobacterium tuberculosis* (*M. tuberculosis*)

Specimens were collected from suspected TB cases, microscopy and culture of mycobacteria on Löwenstein-Jensen (L-J) medium were performed using standard methods at local TB laboratory, and sputum specimens of presumptive TB students were tested by Xpert MTB/RIF assay according to manufacturer's instructions at provincial TB laboratory. Acid fast bacilli positive isolates were sent to the national TB reference laboratory, identification of mycobacterium was performed by testing isolates susceptibility to p-nitrobenzoic acid, and drug susceptibility to rifampin, isoniazid, streptomycin, ethambutol, kanamycin and ofloxacin was performed using proportional method on L-J medium according to WHO standard method.

## Identification of M. tuberculosis Beijing family

*M. tuberculosis* Beijing family was identified *via* RD-105 multiplex PCR [9]. Modern and ancient Beijing families were identified by polymorphism of the NTF locus as previously study reported [10].

## **MIRU-VNTR** genotyping and WGS

To determine a detailed profile of TB outbreak, a standardized set of 24-loci MIRU-VNTR genotyping was performed as previously study reported [11]. Two or more isolates with indistinguishable MIRU-VNTR genotypes were assigned to cluster.

DNA was extracted from positive isolates using standardized procedures. Sequencing libraries were prepared from 100ng DNA using the TruSeq sample preparation kit (Illumina Inc.) according to the manufacturer's instructions guide. Genomic DNA was sequenced on the HiSeq X Ten System, over  $100 \times$  coverage could be achieved with 6 million reads of 150 bp paired-end reads. Valid reads were aligned to the H37Rv reference genome (GenBank accession no. NC\_000962.3) by using Burrows-Wheeler aligner v0.71 (http://biobwa.sourceforge.net/) [12], single nucleotide polymorphisms (SNPs) were identified by Speedseq [13], variations were annotated by SnpEff [14].

SNPs located in PE/PPE/PGRS genes, repetitive regions and transposons were excluded from the analyses to avoid possible errors in the read alignment in those regions of the genome. Furthermore, SNPs in drug resistance associated genes were also removed to avoid the possible influence on the reliability of phylogeny [15]. The concatenated alignment was used to generate phylogenetic tree, MEGA X software was employed to create a Maximum Likelihood tree for positive isolates [16].

## **Ethical approval**

According to Chinese national TB control program, this study was a response to public emergency event, ethical approval was not required to investigate and report on infectious disease outbreak.

## Results

## TB outbreak in high school

In January 2017, a high school student in class A senior three developed cough and went to outpatient department of local center for disease control and prevention (CDC), the student was diagnosed smear positive TB (acid fast bacilli 1+), because of concealment of his student identity, the doctor treated this case as sporadic case. In the following months of February, April, May and June of 2017, four students from this class were diagnosed pulmonary TB one after another, but none of these cases told doctors their students' identity. On July 26, 2017, three students came to the county CDC, one suspected TB for diagnosis, two TB cases for treatment follow up visit, from their conversation, the doctor found out they knew each other and suspected they were students from same school. After detailed inquiry, three cases admitted they were from same high school, which alerted the CDC staff, epidemiology contact investigation was

Table 1: Characteristics of the culture positive active tuberculosis cases identified during high school outbreak, China.

Case	Grade	Class	Age (Y)	Sex	Smear	TST	СТ	Xpert MTB/RIF	Date of diagnosis		
1	Three	Α	19	Female	Negative	Strong positive	Tuberculosis in the right lower lung	Not done	7-Nov-17		
2	Three	А	17	Female	Positive	Strong positive	Bilateral pulmonary tuberculosis	M.TB RIF sensitive	20-Aug-17		
3	Three	А	17	Female	Negative	Strong positive	Tuberculosis in the left upper lung	Not done	17-Aug-17		
4	Three	А	16	Female	Negative	Strong positive	Bilateral pulmonary tuberculosis	Not done	19-Aug-17		
5	Three	В	17	Male	Negative	Strong positive	Tuberculosis in the right upper lung	Negative	29-Aug-17		
6	Three	С	17	Female	Negative	Strong positive	Tuberculosis in the left upper lung	Negative	22-Aug-17		
7	Three	Α	17	Female	Negative	Strong positive	Tuberculosis in the left lower lung	Not done	12-Nov-17		
8	Three	D	18	Female	Not done	Strong positive	Not available	Not done	21-Aug-17		
9	Three	A	17	Female	Positive	Negative	Tuberculosis in the right upper and left lower lung	M.TB RIF sensitive	7-Nov-17		
10	Three	Α	18	Male	Positive	Not done	Tuberculosis in the left upper and middle lung	Not done	8-Aug-17		
11	Three	E	18	Female	Negative	Strong positive	Tuberculosis in the left upper lung	Negative	23-Aug-17		
12	Three	А	17	Female	Positive	Not done	Bilateral pulmonary tuberculosis	Not done	19-Aug-17		
13	Three	A	18	Female	Not available	Not available	Not available	Not available	Not available		

CT: Computerized Tomography; M.TB: Mycobacterium Tuberculosis; RIF: Rifampin

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ID	MIRU04	MIRU 26	MIRU 40	MIRU 10	MIRU 31	MIRU 16	Mtub04	ETR A	ETRC	Mtub30	Mtub39	QUB- 4156	QUB-11b	Mtub21	QUB-26	MIRU02	MIRU23	MIRU39	MIRU20	MIRU24	MIRU27	Mtub29	ETR-B	Mtub34
1	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3
2	3	7	3	2	3	5	4	4	4	4	2	2	6	5	8	2	5	3	2	1	3	4	2	3
3	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3
4	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3
5	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3
6	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3
7	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3
8	3	7	3	2	3	5	4	4	4	4	2	2	6	5	8	2	5	3	2	1	3	4	2	3
9	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3
10	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3
11	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3
12	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3
13	3	8	3	3	3	5	4	4	4	4	2	4	7	4	7	2	5	3	2	1	3	4	2	3

Table 2: Profiles of MIRU-VNTR genotyping of M. tuberculosis isolated from culture positive active tuberculosis cases during high school TB outbreak.

MIRU-VNTR: Mycobacterial Interspersed Repetitive Units-Variable Number Tandem Repeats.

conducted promptly. Contacts were screened by symptoms, TST, radiography or CT and smear examination, 91 cases including 90 students and one teacher were diagnosed active TB by the end of 30 April 2018, with an attack rate of 2.94%, all TB cases were subjected to standard treatment. Fifty-seven students with strong positive TST (induration of 15 mm or larger) were defined as latent TB infection and recommended taking preventive treatment.

Ninety students were diagnosed pulmonary TB in this outbreak, among them, seven and 83 students were in senior two and three grade, with attack rate 0.68% and 8.03% respectively. In senior three, 67.47% (56/83) of the TB students were in class A, the attack rate of the students in class A was 56.56%.

Among 91 confirmed TB cases, acid fast bacilli positive strains were isolated from 13 cases, including two male and 11 female students with median age 17 years (16 to 19 years). Nine TB cases were in class A, the remaining were scattered over four classes but in same grade, the characteristics of 13 culture positive cases were showed in Table 1.

#### Characteristics of outbreak isolates

Thirteen acid fast bacilli positive isolates were identified as *M. tuberculosis.* The results of drug susceptibility testing showed that all isolates were susceptible to rifampin, isoniazid, ethambutol, streptomycin, kanamycin and ofloxacin. All isolates were identified Beijing family, among which, two (15%) isolates (No.2 and No.8) were identified modern Beijing family; the remaining 11 (85%) isolates were identified ancient Beijing family. Sequencing of drug resistance conferring genes including *rpoB, inhA, KatG, rrS, embB, gyrA, eis* and *pncA* showed that no mutation in these genes were identified.

## Outbreak defined by MIRU-VNTR and WGS

MIRU-VNTR and WGS were performed on the 13 *M. tuberculosis* isolates. Results of 24-loci MIRU-VNTR typing showed that six loci variations discriminated the isolates into two clusters, the major cluster consisted of 11 ancient Beijing family isolates, the smaller cluster was comprised of two modern Beijing family isolates (No. 2



and No.8), the two clusters differed by variations at locus MIRU26, MIRU10, QUB-4156, QUB-11b, Mtub21 and QUB-26 (Table 2), the results of MIRU-VNTR suggested two clonal outbreaks.

WGS analyses of the 13 isolates revealed 129 SNPs subdividing the outbreak isolates into two genome clusters, 11 ancient Beijing family isolates clustered to form major cluster, whereas two modern Beijing family isolates (No.2 and No.8) formed smaller cluster, the WGS results indicated two clonal outbreaks (Figure 1). In major cluster, the maximum number of SNPs between any pair of isolates was five SNPs, and the mean pair-wise distance (±SD) between 11 isolates was 2.57 SNPs±0.03SNPs; while isolates of the smaller cluster differed by only one SNPs in a pairwise comparison.

## Discussion

This study reported TB outbreak in a high school, the results highlight the importance of strengthening management of TB in school. In China, high school students suffer from stress for college entrance examination. According to Chinese guidelines for TB prevention and control in school, student with TB need to leave school for isolation and treatment, some students worry about interruption of studies rather than their disease [17]. Meanwhile, because of TB related social discrimination, some TB cases deliberately conceal their illness to avoid isolation, they may try to live with it for as long as possible, being the source of infection to others [18]. The school with enclosed, air-conditioned, overcrowded classroom put students at high risk for TB infection if one student among them is infectious [3]. If the source of TB student can't be identified immediately, this TB student will infect even more students and result in outbreak.

MIRU-VNTR typing is widely used to determine relatedness and track transmission dynamics of specific isolates of *M. tuberculosis* [19]. Because MIRU-VNTR analysis examines only a small proportion of M. tuberculosis genome, this method may have limited resolution [20,21]. Molecular epidemiological study in English Midlands showed MIRU-VNTR typing and epidemiological risk factors are poorly predictive of close genomic relatedness when comparing to WGS, and MIRU-VNTR performance varies markedly by lineage of *M. tuberculosis* [19]. Another study from Hawaii reported 24-loci MIRU-VNTR typing has specificity of 28.6% for identifying actual transmission clusters, and this traditional typing has poor performance especially when identifying transmission in Beijing and Manila family clusters [21]. Contrary to traditional genotyping methods, WGS Provides detailed insights into transmission dynamics [22,23]. Study in low TB incidence setting showed that WGS provides better correlation with epidemiologic data than MIRU-VNTR typing [23]. Previous studies have indicated that MIRU-VNTR typing may overestimate recent TB transmission, particularly in regions with high TB incidence settings [24, 25]. In the current study, two clonal outbreaks were supported by the results of MIRU-VNTR typing as well as WGS, but WGS provided better resolution and more detailed information for transmission of M. tuberculosis, we did not find MIRU-VNTR typing overestimated recent TB transmission, probably because small numbers of isolates were analyzed in this study.

WGS has been developed that identify transmission of M. tuberculosis by comparing genomes SNPs differences between the isolates, isolates with smaller number of SNPs differences indicate a transmission event. Currently there is no unified standard for the SNPs distance cut-off to judge possible TB transmission, and different SNPs cut off have been applied in studies in different regions. Walker et al. [26] based on studies in low TB incidence settings of the UK and propose 12-SNPs distance as the upper threshold to identify plausible transmissions and state that isolates separated by five or fewer SNPs is likely a result of recent transmission, A cut off of five SNPs or fewer for linked TB transmission is widely used in many studies [20,23,27,28]. Stucki D et al. analyzed isolates from 68 patients associated with outbreak and reported that isolates from patients with confirmed epidemiological links differ by 0-11 SNPs [29]. In our study, the maximum number of SNPs between any pair of isolates was five in clusters, which is compatible with Walker's reports and slightly fewer than that report in other similar studies [23,30].

Study of molecular evolution in *M. tuberculosis* suggests strains will accumulate mutations while transmitting between patients, so the pattern of accumulated mutations can infer direction of transmission [31]. Previous findings suggested that SNPs can be used to identify transmission chains in TB clusters [26,27,32]. Contrary to previous findings, recent study has showed that WGS is able to

reveal the direction of transmission of TB in small proportion of cases within the outbreak, WGS is insufficient for inferring transmission in the majority of cases, and transmission chain or network may not be useful in institutional settings, because multiple transmission events can occur with no detectable SNPs acquisition [30]. In this TB outbreak, a large number of students developed TB during a short period of time, and contact tracing investigation could not provide accurate information. WGS with high resolution was performed to delineate the chain of transmission, however, because of only 13 positive isolates were available for analysis, and the direction of transmission could not be intact established. Our data support that WGS can verify recent transmission in TB outbreak, however, it can infer transmission chain linkage only to a limited extent in TB outbreak.

One limitation of this study is that SNPs in repetitive PE/PPE/ PGRS family genes, amounting to almost 10% of the genome, was not assessed due to the difficulty in reliably calling SNPs within these regions, so it is possible we leave out mutations in these genes [33]; another limitation is the source of this outbreak remained unknown, because most students in class A senior three rent houses near the school, the spread of *M. tuberculosis* may be linked to high TB prevalence in the community; and the third limitation is only a few cases who had positive isolates were performed WGS analysis, so the intact transmission chains cannot be established.

## Conclusion

Our findings suggest that timely identification and isolation of TB cases, especially in the early phase of outbreak, is the key to preventing spread of TB among students, and implementation of guidelines for TB prevention and control in school must be prioritized. This study demonstrates that WGS provides better resolution than MIRU-VNTR genotyping for investigation of TB outbreak.

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## **Compliance with Ethnics Guidelines**

Shengfen Wang, Yi Tang, Liang Zhong, Yang Zhou, Bing Zhao, Tao Li, Qian Cheng, Yanlin Zhao and Qiaozhi Wang declare that they have no conflict of interests. This study was a response to public emergency event, ethical approval was not required, and however, all procedures in this study complied with the ethical standards of the ethical review board of the Chinese Center for Disease Control and Prevention.

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