Clinical Image

Invasive Bilateral Pterygium with Two Heads: Report of A Case

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25-year-old patient with no particular pathological history admitted for reduced quality of life due to almost permanent pain and redness. The ophthalmological examination reveals good visual acuity without correction, a bilateral pterygium in both eyes and the rest of the examination is unremarkable.

Pterygium is a leading cause of blindness and visual impairment. It is a generalized wedge-shaped fibrovascular lesion of epithelial tissue invading the cornea.

Pterygium usually occurs due to chronic sun exposure and develops at the nasal part of the cornea in 97. A rare type of pterygium is two-headed (temporal and nasal origins) and bilateral in shape, barely visible.

None of the multiple surgical techniques currently available is able to prevent recurrence. The adopted technique combining excision/tenonectomy-conjunctival deviation.



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