# **Review Article**

# **Adipokines in Hepatic Angiogenesis**

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## Abstract

Hepatic angiogenesis in the course of chronic hepatitis merely represents a homeostatic mechanism directed to ensuring a necessary oxygen supply or one that plays an additional pathogenic role contributing to liver damage. Additionally, in chronic hepatitis, there is a switch toward proangiogenic factors. Many efforts have been directed to explain the mechanisms involved in angiogenesis during the progression of liver fibrosis. Recent data indicate that hepatic angiogenesis and fibrosis are closely related in both clinical and experimental conditions. Adipokines not only regulate adipose tissue and glucose metabolism, but also influence inflammation, fibrogenesis and production of proangiogenic agents. This short review briefly described a possible role of some adipokines in hepatic neovessels formation during liver morbidity.

Keywords: Adipokines; Angiogenesis; Chronic hepatitis; Liver; Fibrosis; Visfatin

# Introduction

Angiogenesis, the formation of new vascular structures from preexisting vessels, occurs in Chronic Liver Diseases (CLDs) [1,2]. Hepatic angiogenesis in the course of chronic hepatitis merely represents a homeostatic mechanism directed to ensuring a necessary oxygen supply or one that plays an additional pathogenic role contributing to liver damage [3,4].

Angiogenesis in CLDs can result from two pathogenic pathways (Figure 1). Firstly, neo-angiogenesis is evoked and potentiated in hepatic tissue by progressive tissue hypoxia. Accumulation of inflammatory cells and development of fibrosis may enhance resistance of liver tissue to blood flow and oxygen supply, resulting into hypoxia [5]. On the other hand accumulated evidences indicate hypoxia alone could be important in the stimulation of angiogenesis and can also stimulate inflammation leading to a viscous circle between inflammation and angiogenesis [6-8]. Hypoxia activates angiogenesis as a result of signaling mediated by Hypoxia-Inducible Factors (HIFs) [7-10]. Also hepatic steatosis enhances disturbances in hepatocyte energy regulation provoking hypoxia and cell injury with subsequent development of neoangiogenesis [11,12]. These circumstances contribute to an up-regulation of proangiogenic factors leading to vascular remodeling and neovessels formation [13]. Secondly, the process of liver chronic wound healing is a hallmark for fibrogenic CLDs. It is associated with an increased expression of growth factors, cytokines and Metalloproteinases (MMPs) with an underlying proangiogenic activity [14]. Angiogenesis in liver is characterized by capillarization of the sinusoids [15]. Structures responsible for proliferation and maturation of new blood vessels in the liver are Hepatic Stellate Cells (HSCs), Kupffer cells, regenerating hepatocytes and existing Endothelial Cells (ECs) [3].

Angiogenic process in the liver may be peculiar due to: 1) the existence of two different types of microvascular structures in the liver – large vessels covered by a continuous endothelium and sinusoids lined by a fenestrated endothelium [16] and 2) the production of unique proangiogenic factors, such as Angiopoietin-

Like 3 (ANGPTL3), a liver specific secreted factor showing angiogenic properties by binding to  $\alpha\nu\beta3$  integrin [17]; and 3) the presence of phenotypically and functionally specific HSCs-considered liver – resident pericytes, which may stimulate angiogenesis through mechanisms different from those attributed to microcapillary pericytes [18]. Additionally new factors involved in pathological neovascularization in cirrhosis like up-regulation of Aquaporins (AQPs) - an integral membrane water channels which enhances osmotic water permeability and Fibroblast Growth Factor (FGF)induced dynamic membrane blabbing in liver endothelial cells are emerging on horizon [19]. However a key area in the study of cellular and molecular relationship existing between fibrogenesis and angiogenesis concerns the proangiogenic role of activated HSCs, like some of the adipocytokines (adipokines) [18].

Adipokines, adipose tissue derived hormones, have been shown not only to be regulators of fibrogenesis, metabolic and inflammatory processes but also as potent regulators of angiogenesis. They may influence structures and regulate synthesis of agents responsible for modulation of angiogenesis (Table 1) [20,21]. Leptin, visfatin, chemerin and resistin have been found to promote angiogenesis, whereas adiponectin attenuates it [22-27]. Data regarding vaspin (visceral adipose tissue-derived serine protease inhibitor) and apelin is very scare [28].





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Table 1: Proangiogenic action of adipokines.

Leptin	Resistin	Visfatin
Activation and stimulation of HSCs. Inhibition of HSCs apoptosis	Stimulation of VEGF and VEGFR production	Stimulation of synthesis and activation of MMPs
Stimulation of VEGF and VEGFR production	Stimulation of synthesis and activation of MMPs	Stimulation of VEGF production
Enhancement of ECs proliferation	Increase of adhesion molecules	Inhibition of TIMPs
Generation of ROS and oxidative stress	Activation and stimulation of HSCs	Enhancement of ECs proliferation, migration and blood vessels formation
Activation of mTOR	Enhancement of ECs migration and blood vessels formation	Decrease of ECs apoptosis
Stabilization of HIF 1α		Generation of ROS
Increase of $\alpha$ SMA and procollagen type 1 synthesis. Acceleration of fibrosis		Stimulation of proinflammatory cytokines
Stimulation of proinflammatory cytokines		Activation of PI3K and PKB/Akt
		Increase of adhesion molecules synthesis
Table 2: Antiangiogenic role of Adiponectin.		
Inhibition of HSCs proliferation and migration		
Decrease of $\alpha$ SMA and procollagen type 1 synthesis. Dow	n-regulation of fibrosis	
Reduction of ROS synthesis and oxidative stress		
Inhibition of proinflammatory cytokines		
Activation of AMPK		
Reduction of PDGF		
Inhibition of ECs proliferation, migration and survival. Redu	uction of vessels stabilization and pericytes recru	itment.

The first discovered and till now the most extensively studied adipokine leptin has been shown to be involved in regulation of fibroproliferative processes and angiogenesis in chronic liver diseases [20,21,29].

Increased levels of circulating leptin have been found in Chronic Hepatitis C (CHC) patients when compared to healthy controls [30-32]. Uygun et al. reported that plasma concentrations of leptin are increased in Nonalcoholic Steatohepatitis (NASH), independently of Body Mass Index (BMI) [33]. Moreover, in patients with chronic viral liver disease, serum leptin levels tend to increase as liver function worsens [34,35].

Activation of leptin receptors in HSCs leads to increase of Vascular Endothelial Growth Factor (VEGF) expression [22] (Table 2). It also exerts a direct angiogenic action on endothelial cells which express the functional long term form of leptin receptor [23]. After induction of fibrosis in rat the specific leptin receptor ObR was found to be co-localized with receptors for VEGF and  $\alpha$ -Smooth Muscle Actin ( $\alpha$ -SMA) [30,36]. Pro-angiogenic role of leptin involves both activation of the mammalian Target Of Rapamycin (mTOR) pathway and generation of Reactive Oxygen Species (ROS) via Nicotinamide Adenine Dinucleotide Phosphate (NADPH)-oxidase, the latter being relevant for HIF-1 $\alpha$  stabilization but not for mTOR activation [30,36,37].

Leptin promotes endothelial cell tube formation and up-regulates VEGF mRNA expression via activation of the Jak/Stat3 signaling pathway [38]. Stimulation of neovessels formation in the liver by leptin is consistent with its profibrogenic role, as angiogenesis is considered a relevant component of the progression of liver damage and has been described in the context of inflammation and fibrogenesis in CLDs [3,21]. Leptin also modulates VEGF-induced vascular activity by synergistically promoting neovascularization *in vivo* [39]. These observations suggest that leptin acts not only as a direct but also as an indirect angiogenic factor or modulator of other angiogenic agents. Leptin mRNA expression in adipocytes was markedly increased by hypoxia. Activation of leptin gene expression by hypoxia clearly resulted in an increase of leptin release. Up-regulated leptin production under hypoxic conditions would reflect an adaptive mechanism that promotes angiogenesis [40]. Serum levels of leptin in CHC were significantly increased compared to healthy controls and presented positive correlation with grade of inflammatory activity [41]. Other authors reported its positive association with fibrosis stage [42] and higher levels in the case of cirrhosis [43]. However, there was no association between serum leptin and angiogenesis intensity either in portal tracts or hepatic lobules in CHC patients. Nevertheless, leptin was significantly higher in CHC patients with minimal inflammatory activity and was inversely correlated with inflammatory grade. So, the lack of the association between leptin serum concentrations and hepatic angiogenesis in CHC may result from the direct influence of viral infection and ongoing inflammatory process on serum levels of this adipokine. Stimulation of neovessel formation in the liver by leptin is consistent with its profibrogenic role, as angiogenesis is a relevant component of chronic wound healing [44]. On the other hand, the well-established association between angiogenesis and tumorigenesis suggests a possible additional role of leptin in liver cancer. Along these lines, recent data implicate leptin in the progression of Hepatocellular Carcinoma (HCC), since as leptin increases growth, migration and invasiveness of HCC cell lines [45]. Additionally, leptin stimulates proliferation and metastatic potential of cholangiocarcinoma cells [46,47].

Adiponectin generally exerts hepatoprotective effect in CLDs and protects against inflammation and fibrosis progression. Numerous studies showed lower serum adiponectin concentrations in NAFLD patients when compared to matched controls [48-52]. Intrahepatic expression of mRNA for adiponectin and its receptors AdipoR2 in NAFLD patients were found to be lower in NASH patients compared to subjects with simple steatosis [48,49]. Also in CHC reduction of serum adiponectin concentration has been reported [53]. Protective role of adiponectin results from inhibition of pro-inflammatory and induction of anti-inflammatory cytokines in leukocytes and ECs. The correlation between plasma adiponectin levels and the severity of liver damage is still controversial. Moreover, there are some data indicating that serum adiponectin correlates with HCV viral load and genotype but not with histological abnormalities in patients with CHC [54]. Adiponectin has been found to activate AMP-Activated Protein Kinase (AMPK) in HSCs. AMPK activation leads to inhibition of Platelet-Derived Growth Factor (PDGF) expression, which is essential in ECs proliferation, nascent vessel stabilization and pericytes recruitment [55]. Moreover, adiponectin inhibits ECs migration and survival via activation of apoptosis [27]. Adiponectin has been found to markedly diminish HSCs proliferation and α-SMA and protects against fibrosis [56]. There was no association between serum adiponectin and hepatic angiogenesis intensity in CHC patients. However adiponectin was inversely related to inflammatory activity. The ongoing inflammatory process which modulates serum adiponectin levels may interfere with the relationship between adiponectin and angiogenesis.

A novel adipokine visfatin/Pre-B cell colony-Enhancing Factor (PBEF)-1 has been shown to be altered in CLDs [34,57] and associated with liver fibrosis [58-60]. The ability of visfatin to induce expression of genes and proteins for Matrix Metalloproteinases (MMP-2 and MMP-9), VEGF and its Receptor (VEGF-R2) in Human Umbilical Vein Endothelial Cells (HUVECs) in a dose dependent manner acknowledges its role in pathogenesis of chronic hepatitis and angiogenesis. Simultaneously, visfatin inhibits expression of genes and proteins for Tissue Inhibitors of Matrix Metallproteinases (TIMP) - TIMP-1 and TIMP-2. Inhibition of VEGF and VEFG-R2 results in down-regulation of MMPs expression induced by visfatin [61]. Visfatin potentiates proliferation, migration of endothelial cells and formation of new blood vessels in a dose dependent manner. Moreover, it decreases apoptosis of ECs. Visfatin influences angiogenic process by activation of Phosphatidylinositol 3-Kinase (PI3K), protein kinase B (PKB/Akt) i ERK<sub>1/2</sub> (extracellular signalregulated kinase 1/2, p42/p44 Mitogen-Activated Protein Kinase, p42/ p44 MAPK) [61]. Only one study of CHC patients has found serum visfatin to be significantly increased in CHC and negatively associated with inflammatory activity [57]. There was no association between serum visfatin levels and angiogenesis intensity, assessed by CD34 hepatic expression, expression in a whole group of CHC patients [62]. Surprisingly, visfatin was inversely related to angiogenesis intensity in hepatic lobules and portal tracts in females. This observation is even more interesting because there was no difference in serum visfatin concentration between men and women. The explanation of these results is difficult and requires further investigations. However, they appear to indicate that the role of adipokine in angiogenesis may differ in men and women [62].

Serum chemerin concentrations were higher in CHC patients compared to the control group and inversely associated with inflammatory activity [63]. There was no difference in CHC patients with different fibrosis stage and steatosis grade. Serum chemerin concentration was significantly higher in NAFLD patients compared to healthy volunteers. Serum chemerin was significantly higher in patients with NASH compared to patients with simple steatosis and positively related to inflammatory activity [64].

Recently chemerin has been shown to promote angiogenesis in endothelial cells in a dose dependent manner [65]. Chemerin activates the pathway dependent on PI3K/Akt and MAPK in ECs, activating angiogenesis and MMPs synthesis [25]. However, serum chemerin concentration in CHC patients did not show any association with hepatic angiogenesis intensity (CD34 expression) [62].

Resistin enhances in vitro human endothelial cell proliferation and migration. Moreover, resistin evokes capillary-like tube formation, increases mRNA expression of some angiogenesis-related factors such as VEGF [66], Vascular Endothelial Growth Factor Receptors (VEGFR-1 and VEGFR-2), MMP-1 and MMP-2, Vascular Cell Adhesion Molecule-1 (VCAM-1) and endothelin-1 [67], and activates ERK1/2 and p38 pathways [68]. Migration of murine endothelial cells migration and sprouting of cellular networks seems to be regulated by resistin via a mechanism which appears too dependent on PI3K and nuclear factor (NF)-kB activity, but independent of NO production [28]. All above mentioned processes point to a pivotal role of resistin angiogenesis regulation. Additionally, resistin stimulates HSCs to production chemokines with proinflammatory action such as Monocyte Chemotactic Protein-1 (MCP-1) and IL-8, which are suggested to be critical mediators of intrahepatic leukocyte recruitment [69]. The results regarding resistin in chronic hepatitis are ambiguous. The study by Tsochatzis et al. showed higher serum resistin levels in patients with chronic hepatitis B and C than with NASH [70]. Bertolani et al. revealed resistin intrahepatic mRNA levels significantly higher in patients with alcoholic hepatitis compared to the control group, but not to those with CHC or NASH [69]. However, there was no association between serum resistin and the number of new blood vessels in the liver of CHC patients [62].

Serum vaspin was lower in CHC patients without or with not advanced fibrosis. It was up-regulated in patients with advanced fibrosis. Antiviral therapy did not alter vaspin serum concentration regardless of its efficacy [71]. The studies on NAFLD showed upregulated serum vaspin levels regardless of potential confounders [64,72]. Serum vaspin concentration was significantly up-regulated in NASH as compared to pure steatosis [64].

Administration of vaspin to obese ICR mice fed with high fat and sucrose chow inhibited TNF- $\alpha$ , leptin and resistin expression in mesenteric and subcutaneus white adipose tissues [73].

Although vaspin is mainly confined to the adipocytes, it may influence endothelial cells in a similar manner to another proteinase inhibitor - Plasminogen Activator Inhibitor-1 (PAI-1), which is derived from mesenteric fat and suppresses endothelial cell migration and angiogenic branching [44,45]. However, vaspin had no effects on both basal ECs morphology and their TNF- $\alpha$ -induced morphological damage [44,45]. Furthermore, vaspin did not decrease the TNF- $\alpha$  induction of VCAM-1, intercellular adhesion molecule-1 and endothelial selectin expression. Fu and al.'s study indicates that vaspin has no effects on normal ECs, and cannot prevent TNF- $\alpha$ -

induced inflammatory injury [28]. Contrary, the study by Jung et al. revealed that vaspin might attenuate the cytokine-induced expression of adhesion molecule genes by inhibiting NF- $\kappa$ B following AMPK activation in Ecs [74]. Additionally vaspin inhibits ECs apoptosis by preventing caspase-3 activation and the inhibition of ROS generation [75]. The study by Liu et al. showed that vaspin inhibited TNF- $\alpha$  and interleukin (IL)-1 mediated activation of NF- $\kappa$ B and its downstream molecules in a concentration-dependent manner in ECs. Therefore vaspin protected endothelial cells from proinflammatory cytokines induced inflammation [76]. Serum vaspin levels were significantly and positively associated with angiogenesis intensity both in lobules and portal tracts in CHC patients [62].

Further studies are needed to elucidate the specific mechanism by which vaspin may influence angiogenic process keeping in mind its anti-inflammatory and antiatherogenic activity from one side and protective role for ECs on the other hand.

An interesting adipokine, is apelin that has been found to be markedly up-regulated in hepatic cirrhosis [77,78]. It's overexpression was found in HSCs and the use of an antagonist of the apelin receptor attenuates both angiogenesis and hepatic fibrosis [78].

### Conclusion

Hepatic angiogenesis is a hallmark of CLDs which aggravates fibrosis progression. Vascular remodeling contributing to capillarization of the sinusoids with generation of intrahepatic shunts characterizes hepatic angiogenesis. HSCs may constitute a crossroad at the interaction between hepatic inflammation, fibrosis and angiogenesis. Adipokines as agents with the wide spectrum of activity may influence not only fibrosis, inflammation and steatosis but also angiogenesis. Serum levels of some of the adipokines reflect the intensity of liver angiogenesis in CLDs. Further studies are necessary to better determine the role of adipokines in new blood vessel formation in CLDs.

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