

Clinical Image

Prurigo Nodularis in Fibrocalculous Pancreatic Diabetes (FCPD)

Ejaz Alam^{*}; Basharat Q Dar

Department of Endocrinology, Government Medical College, India

***Corresponding author: Ejaz Alam**

Department of Endocrinology, Government Medical College, Srinagar, India.

Email: ejazpmch@gmail.com

Received: March 16, 2023**Accepted:** April 14, 2023**Published:** April 21, 2023

Clinical Image

Fibrocalculous Pancreatic Diabetes (FCPD) is a secondary form of diabetes mellitus due to chronic nonalcoholic calcific pancreatitis. Prurigo nodularis is seen in various dermatological diseases, but also seen in hematological and metabolic diseases (such as solid tumors, lymphoma, diabetes mellitus).

A 55-year-old postmenopausal female with a history of chronic pancreatitis presented with poor glycemic control, osmotic symptoms, and itchy skin lesions on both lower limbs. Examination revealed excoriated papular and macular lesions over the legs. Neuropathic examination of the lower limbs was unremarkable. A clinical diagnosis of FCPD (Fibrocalculous Pancreatic Diabetes) and Prurigo nodularis was made. The patient's HbA1c was found to be 13%. An abdominal x-ray showed multiple pancreatic calculi. The patient was managed with insulin on MSI scale and Flucinolone ointment.

Keywords: Fibrocalculous pancreatic diabetes; Prurigo nodularis; Chronic pancreatitis

