

Case Series

Clinical Analysis and Literature Review of 18 Cases of Children Pulmonary Mucoepidermoid Carcinoma

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Materials and Methods

Materials

The 18 pathologically diagnosed children treated by the First Affiliated Hospital of Guangzhou Medical University from July 28, 2012 to July 25, 2023, which mean age was 11.10 years old (range 4-16years).

Method

The clinical symptoms of 18 children were collated, analyzed and summarized.

Results

Clinical Symptoms

The first symptom in the case was not specific, often with cough (12/18), fever (4/18), hemoptysis (3/18) as the main manifestations, among which one girl had no symptom and found lung nodules during physical examination (Table 1).

Abstract

Bronchial mucoepidermoid carcinoma in children is rare, the clinical manifestations are non-specific, and it is easy to be misdiagnosed as tuberculosis, pneumonia, right lung middle lobe syndrome, asthma and other diseases, delaying the time of treatment. This article reviews the medical history of 18 children with bronchial mucoepidermoid carcinoma treated by the First Affiliated Hospital of Guangzhou Medical University, summarizes their clinical features, treatment and prognosis, and concludes that pathological obstruction should be considered when children with recurrent respiratory symptoms do not respond to conventional treatment. Therefore, we recommend that any child with persistent, unexplained respiratory symptoms that do not resolve after 2 weeks of treatment undergo endoscopy as soon as possible, and once MEC is confirmed by biopsy, surgical treatment is recommended. The long-term prognosis after complete tumor resection is good, but there is still a risk of recurrence and metastasis, so long-term follow-up is recommended for the child.

Keywords: Children; Pediatric; Mucoepidermoid Carcinoma; Tumor

Abbreviations: MEC Mucoepidermoid Carcinoma; PMEC Pulmonary Mucoepidermoid Carcinoma

Table 1: General Information and Clinical Manifestations.

	Number (%)
Gender (M/F)	7-Nov
Mean age (Year)	11.1
Symptom	
Cough	12(66.7)
Fever	4(22.2)
Hemoptysis	3(16.7)
Gasp	3(16.7)
Chest pain	1(5.6)
Bellyache	1(5.6)
Asymptomatic	1(5.6)

Radiographic Findings

Among the imaging findings, the tumors were located in the left main bronchus in 4 cases, in the upper lobe of the left lung in 1 case, in the lower lobe of the left lung in 4 cases, in the right main bronchi in 2 cases, in the upper lobe of the right lung in 2 cases, in the middle lobe of the right lung in 2 cases, and in the lower lobe of the right lung in 3 cases. Among them, CT after enhancement showed uneven enhancement in 4 cases (Figure 1-3), 9 cases with distant pneumonia (Figure 4-5). 9 cases with distant occlusion and atelectasis, 4 cases with distant emphysema, 5 cases with distal bronchiectasis, and 2 cases with pleural effusion (Table 2).

Table 2: Tumor Location and Imaging Findings.

Location of the tumor	Number (%)
Left main bronchi	3(17.6)
Left upper lobe	1(5.9)
Left lower lobe	4(23.5)
Right main bronchi	2(11.8)
Right upper lobe	2(11.8)
Right middle lobe	2(11.8)
Right lower lobe	3(17.6)
Imaging Findings	
Uneven enhancement	4(23.5)
Pneumonia	9(52.9)
Atelectasis	9(52.9)
Emphysema	3(17.6)
Bronchiectasis	5(29.4)
Pleural effusion	2(11.8)



Figure 1: Chest enhanced image: Arterial phase.



Figure 2: Chest enhanced image: Balance phase.



Figure 3: Image of multi-planar reconstruction.

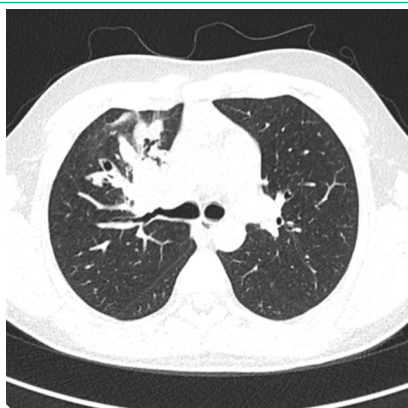


Figure 4: Chest image of one child shows distant pneumonia.

Table 3: Pathology, Treatment and Metastasis.

Pathology	Number (%)
Low grade	9(52.9)
Intermediate	2(11.8)
High grade	2(11.8)
Ungraded	4(23.5)
Treatment	
Surgery	
Sleeve resection	7(41.2)
Lobectomy	6(35.3)
Endoscopic excision	3(17.6)
Radiotherapy	1(5.9)
Metastasis	
Yes	1(5.9)
No	16(94.1)

Diagnosis

All cases were diagnosed by pathological biopsy, 13 by bronchoscopic biopsy and 5 by surgical lung biopsy.

Pathological characteristics

In general, the grade of PMEC correlates with the degree of cells 'cystic architecture, mitotic rate, perineural invasion, necrosis and degree of cytologic atypia. Low-grade tumors tend to be better circumscribed, more cystic, contain more mucous cells, show minimal cytologic atypia or mitoses and lack perineural invasion. On the other hand, higher-grade lesions are more infiltrative, more solid, have less mucous cells and more epidermoid cells, show more cytologic atypia, necrosis and perineural invasion. In our case series, there were 9 cases of low malignancy, 2 cases of moderate malignancy, 2 cases of high malignancy, and 5 cases were ungraded.

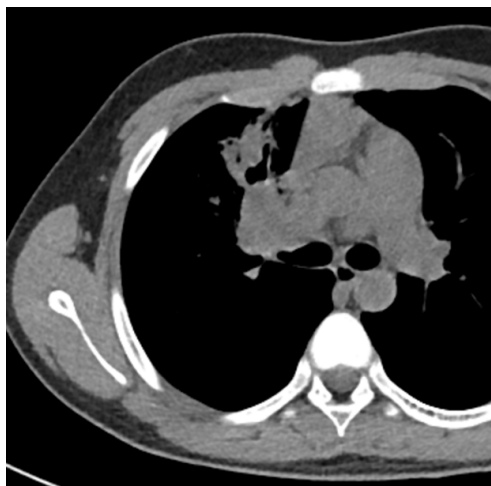


Figure 5: Chest image of one child shows distant pneumonia.

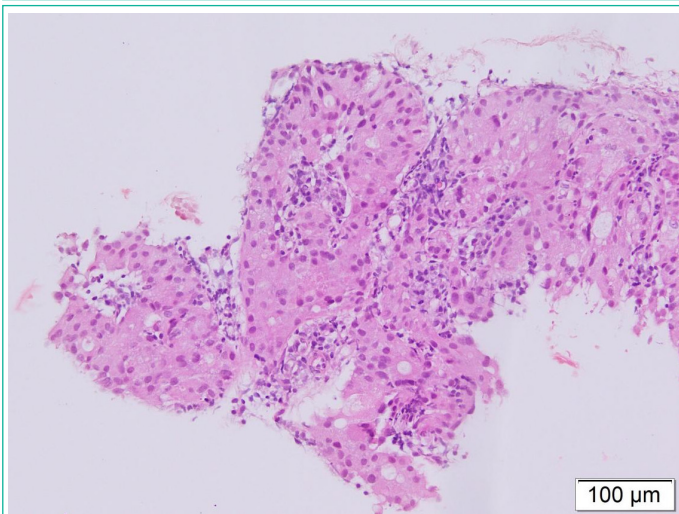


Figure 6: Picture shows squamous cells in MEC, lacking keratin pearls (H and E $\times 40$).

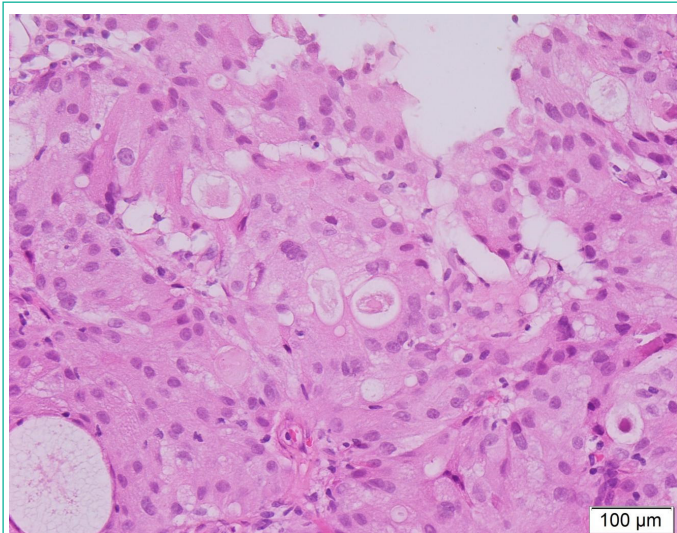


Figure 7: The histologic findings of MEC typically show a mixture of squamous cells, mucin-producing cells, and intermediate cells. The nucleus of tumor cells are round or oval shapes, with mucus in the cytoplasm (H and E $\times 200$).

Treatment

14 cases were treated by surgery, 3 by tracheoscopic mass resection, and 1 by radiotherapy because of invasion of bulge (Table 3).

Metastasis

1 case of invasion of the visceral pleura, metastatic cancer in

parabronchial lymph nodes; 1 case developed a second tumor (thyroid micropapillary carcinoma) 11 years later.

Prognosis

6 cases in this group were lost to follow-up, and the remaining 12 cases were followed up by telephone, except for 2 cases with decreased exercise tolerance compared with the same age, the remaining 10 cases were asymptomatic.

Discussion

Mucoepidermoid carcinoma was first proposed by Smetana and Liebow in 1952 [1], and is the most common malignancy of the salivary glands, occurring in children and young adults, but can be seen in people of all ages (3-78 years old) [2], and the smallest reported case to date is a 2-year-old boy in the United States [3]. Bronchial Mucoepidermoid carcinoma is rare, with an incidence of about 0.1-0.2% of primary lung cancer [4]. It has been reported that there is no gender preference for the onset of men and women in patients with MEC [5-7], the number of male children in our group of cases is about 1.6 times of female children, which is consistent with the study of Lily et al [8].

Primary bronchial mucoepidermoid carcinoma usually presents as an endobronchial tumor with polypoid growth, with no specific clinical manifestations, mostly bronchial irritation and obstruction symptoms (depending on the tumor site). Patients may have cough, hemoptysis, wheezing [9] and post-obstructive pneumonia, some children have no clinical symptoms (about 9%-28%) [10], but even some children will have carcinoid syndrome, Cushing syndrome and acromegaly and other manifestations [2], the disease is easy to be misdiagnosed as tuberculosis, pneumonia, right middle lobe syndrome, asthma and other diseases in clinical work [11]. According to the statistics of Lili et al [8], about 88.9% of children's MEC is misdiagnosed as tuberculosis and treated according to tuberculosis. As previously shown, the delay in diagnosis of tracheal MECs ranged from 3 months to 2 years [12-15], with the longest time from symptom onset to diagnosis in our group of cases being more than two years. Tsuchiya [16] and Dinopoulos [17] summarized the clinical manifestations of 84 children with MEC, concluded that cough, hemoptysis, fever and recurrent pneumonia were the most common manifestations. Looking back at our group of 18 cases, the first symptom of the children was cough as the most common, followed by hemoptysis and fever, which were consistent with the relevant literature reports, and one child even had no clinical symptoms, only found swollen lung nodules during body check, and then further biopsy confirmed bronchial mucoepidermoid carcinoma.

MEC is mainly manifested as a round-like or lobulated mass with a smooth inner edge of the bronchi and clear boundaries, and is often accompanied by obstructive atelectasis, obstructive pneumonia and other manifestations [18], and some children with smaller tumors do not even have clump-like masses on CT or chest radiograph, but only show pneumonia or atelectasis [19]. In general, tumors appear as isolated masses and do not have any specific segment or lobar predisposition [20]. The literature points out that tumors can be found in the trachea and each lobe, and segment bronchi [21], but more often occur in the main bronchi, middle and lobe bronchi. According to literature statistics, about 10% of tumors are confined to the trachea, about 15% are located in the main bronchi, about 75% are located in the lobes and segment bronchi [22], invasion of trachea and carina is rare [23], according to the data reviewed,

less than 10 cases of tracheal MEC have been reported in the literature. Most of them are located about 2~4cm above the carina [12-15,24]. In our group of cases, there is no significant preference of the location of the masses (one case violated the tracheal carina), and distal pneumonia, atelectasis as well as pleural effusion may also occur. However, although the imaging of MEC is diverse and nonspecific, Li X, and Yi W believe that well-circumscribed oval or lobulated intraluminal or peripheral lung masses with significant heterogeneous contrast enhancement may suggest a diagnosis of mucoepidermoid carcinoma [25-27]. An analysis shows a centrally located or hilar mass with clear margins, regular shape, no necrosis, and moderately enhanced findings were associated with bronchial MEC [28]. However, in our cases, patients presenting with uneven enhancement are rare and may be limited by small sample sizes.

Mucoepidermoid carcinoma often covers the surface of normal mucosal epithelium, and there are usually no positive findings on bronchoscopic brushing or lavage, and in the case reported by Zhou X, et al, the patient did not find tumor cells on three smear examinations, but TCT (Thin-layer cytology test) showed a large number of atypical cells [29], so TCT may suggest the diagnosis of MEC, but its diagnosis still depends on tissue biopsy. The histologic findings of MEC typically show a mixture of squamous cells, mucin-producing cells, and intermediate cells, lacking keratinization and overlying epithelium (Figure 6-7). Though they are all composed of these cells, MEC has a different biological behavior clinically. According to histopathology, MEC can be divided into low, intermediate, and high grades, with the low grade (48% of 75 cases) being more common than the high grade (38.7% of 75 cases), and the intermediate grade (13.3% of 75 cases) being the least common [30]. Low-grade tumors are more common in children, with well-defined lesions, often presenting as endobronchial polypoids. High-grade tumors are large, often invade adjacent lung parenchyma, and occur with lymphatic or hematogenous spread. All children in our group of cases underwent pathological biopsies, more than half of them showed low-grade malignancy, which with good differentiation was mostly only locally aggressive, while distant metastasis was rare. Metastases are mostly associated with tumor grade, with only 2% (in 45 patients) of low-grade MECs and 15% (in 13 cases) of high-grade MECs metastasizing to lymph nodes in a study by Yousem SA et al. [31]. In our cases, only one child had a tumor invading the visceral pleura and distant lymph node metastasis at the time of first diagnosis, and another child found a second tumor (micropapillary thyroid carcinoma) 11 years after the first time of the diagnosis of MEC, and then underwent total thyroidectomy, recovered well after surgery, and now survives asymptotically.

The prognosis of bronchial mucoepidermoid carcinoma is related to whether the mass is completely resected and whether distant metastasis occurs, so the treatment is mainly surgical resection, which is the standard treatment for patients with bronchial mucoepidermoid carcinoma. In recent years, this procedure has often been performed using video-assisted thoracoscopic surgery. In addition, bronchioplasty or sleeve lobectomy is performed to preserve lung function, and most lymph node dissection is performed at the same time to assess for metastases. Although endoscopic resection of tumor has little trauma, can quickly relieve mass obstruction and alleviating respiratory symptoms, and can maximize the preservation of normal lung tissue, due to the deception of MEC mass "small outside and large inside", it is often easy to misjudge the scope of its true invasion in bronchoscopy and make it impossible to com-

pletely remove the tumor. Therefore, endoscopic resection is not primary recommended [22]. Takayoshi Yamamoto et al. reported that two patients treated with endoscopic intervention had residual tumor in the bronchial wall. Therefore, in order to achieve complete resection, it is recommended that surgical resection should be considered even after resection of the endobronchial tumor [32]. MEC is not sensitive to chemoradiotherapy [33-36], radiotherapy has been shown to have little change in the long-term prognosis of MEC patients [37,38]. Due to the rarity of this disease, there are no evidence-based guidelines for radiotherapy in pediatric MEC, but one study showed that radiotherapy can significantly improve local control and survival in advanced and regional node-positive patients, especially those with positive margins after postoperative resection; Postoperative radiotherapy has a significant benefit on local control rates [39]. Chemotherapy has limited efficacy and has been used as palliative care, possibly due to increasing systemic toxicity and leading to poor clinical efficacy [40]. In addition, targeted therapies involving signaling pathways that characterize molecules are a new therapeutic pathway [41]. In some cases, patients with or without EGFR (Epidermal growth factor receptor) mutations have shown that treatment with TKI can benefit from treatment [42-45].

The overall prognosis of mucoepidermoid carcinoma is related to pathologic grade. Most of the children's MEC is low-grade tumor, the long-term prognosis is good, with the 10-year survival rate after lobectomy is 100% [46], but the prognosis of high-grade MEC is not optimistic with the 5-year overall survival rate is only 22.5% [36]. More than half of the cases in our group are low-grade tumors, and there was no recurrence in the follow-up cases, among which the longest postoperative asymptomatic survival time has been nearly 10 years.

Conclusion

Mucoepidermoid carcinoma is defined by the World Health Organization as a malignant tumor consisting of mucus-secreting, squamous and intermediate cell types. Because the mass grows predominantly in the bronchi and presents clinically as a symptom of lower airway obstruction and is not specific, chest x-ray or chest CT may usually show atelectasis, consolidation, or large lung lesions, but if the tumor is small and does not obstruct the airway, chest imaging may be normal. High-grade tumor is rare in children, but it have a tendency to metastasize and have a poor prognosis, so early diagnosis and early treatment are required. The most common causes of lower airway obstruction in children include asthma, pneumonia, bronchiolitis, laryngotracheobronchitis, congenital malformations, foreign body aspiration and bronchial tumors, pathological obstruction should be considered when children with recurrent respiratory symptoms do not respond to conventional treatment. Thus, we recommend that any child with persistent, unexplained respiratory symptoms that do not resolve after 2 weeks of treatment undergo endoscopy as soon as possible. Once a biopsy confirms MEC, surgical treatment is primary recommended. The long-term prognosis after complete tumor resection is good, but there is still a risk of recurrence and metastasis of some patients, so long-term follow-up is recommended for the child.

Author Statements

Conflict of Interest

No potential conflict of interest was reported by the authors.

Data Availability Statement

The datasets used and/or analysed during this study are available from the corresponding author (email: sunli-hong9797@126.com) on reasonable request.

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