

Case Report

Acquired Long QT Syndrome in Severe COVID-19 Patient Treated with Chloroquine Azithromycin and Lopinavir/Ritonavir: Simple Monitoring, Reducing Doses or Stopping Treatment?

Najout H^{1*}, Elkoundi A¹, Kartite N¹, Fihri Y² and Balkhi H¹

¹Anesthesia-Critical Care Department, Mohamed V Military Training Hospital, Rabat, Morocco

²Department of Cardiology, Mohamed V Military Training Hospital, Rabat, Morocco

*Corresponding author: Hamza Najout, Anesthesia-Critical Care Department, Mohamed V Military Training Hospital, Rabat, Morocco

Received: September 27, 2021; Accepted: October 23, 2021; Published: October 30, 2021

Abstract

Long QT syndrome is common condition in COVID-19 patients treated with Chloroquine, Azithromycin or Lopinavir/Ritonavir. Early identification is crucial to avoid devastating outcomes.

Keywords: Chloroquine Hydrochloride; Azithromycin; Lopinavir/Ritonavir; COVID-19; QT prolongation

Introduction

Some drugs used to treat COVID-19 can cause QT prolongation.

QT prolongation is associated with high risk of torsade de pointes, ventricular arrhythmia and sudden death.

Early identification is crucial to avoid devastating outcomes.

Case Presentation

A 45-year-old man with COVID-19 confirmed by RT-PCR was admitted to ICU for the treatment of hypoxemic respiratory failure requiring mechanical ventilation.

He was treated with Chloroquine Hydrochloride 200mg twice a day, Azithromycin 250mg per day, Lopinavir/Ritonavir 400/100mg twice a day and low molecular-weight heparin 0.6ml twice a day. The Biological assessment showed hypokalemia at 2.9mmol/L and the ECG showed long QT syndrome. Potassium plasma level was corrected through jugular venous catheter and a second

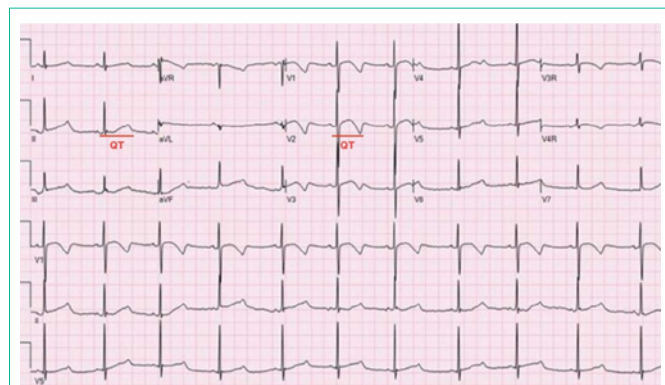


Figure 1: (Before) Electrocardiogram shows long QT (QT=480 ms).

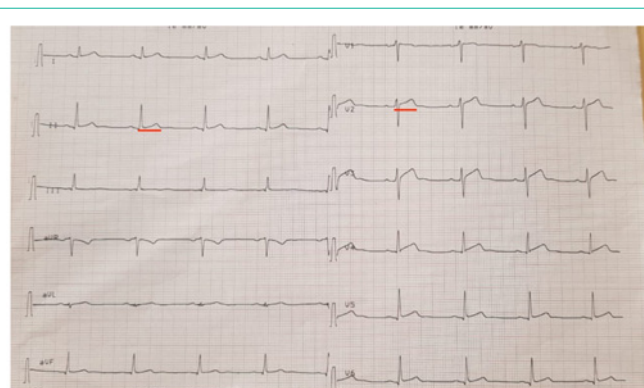


Figure 2: (After) Electrocardiogram shows normal QT space (QT=440 ms).

ECG showed the persistence of long QT space at 480ms (Figure 1). Electrocardiography and troponin plasma level were normal. Drugs doses were reduced to the half with strict control of calcium, magnesium and potassium plasma levels. An ECG was performed twice a day and QT space was normalized within 6 days (Figure 2). Thereafter, we have resumed normal doses and an ECG was daily realized until the patient was discharged on the twenty fifth day.

SARS-Cov-2, is known for its respiratory tropism causing also a state of hyper coagulopathy, especially in critically ill patients [1]. Our case shows the existence of a vacuum in the literature about the management of acquired long QT syndrome in severe and polypharmacy patients with COVID-19.

Authors Contributions

Hamza Najout: Prepared and wrote this manuscript. Abdelghafour Elkoundi: Reviewed this manuscript. Nouredine Kartite: Reviewed this manuscript. Youssef El Fihri: Responsible for clinical consultation. Hicham Balkhi: Revision of this manuscript.

References

COVID-19: What we know so far. J Chin Med Assoc. 2020; 83: 534-536.

1. Lu CC, Chen MY, Lee WS, Chang YL. Potential therapeutic agents against