

Clinical Image

Oral Submucous Fibrosis – A Clinical Image

Sreelakshmi N Nair*

Department of Oral Medicine and Radiology, Santhosh Dental Clinic, Kerala, India

*Corresponding author: Sreelakshmi N Nair,

Department of Oral Medicine and Radiology, Santhosh Dental Clinic, Kerala, India

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A 50 year old physically fit male patient came to the dental clinic with complaints of burning sensation in the oral cavity since six months. The burning aggravated on having spicy food. Habit history revealed that the patient used to chew pan since 10 years daily 2 times. Mouth opening appeared normal (Figure 1). On intra oral examination, it was seen that blanching was seen throughout the oral cavity, the buccal mucosa, the soft and hard palate and the floor of the mouth (Figure 2). There was considerable reduction in the size of the Uvula (Figure 3). On palpation, circumoral fibrous bands were felt with loss of resiliency of the oral mucosa. Throughout the oral cavity, stiffening was present. Patient reported slight burning sensation on palapation. Taking into consideration the symptoms and clinical findings, a diagnosis of Oral Submucous Fibrosis (Grade 1) was made and the patient was put on treatment for the same.



Figure 1: Normal Mouth Opening.



Figure 2: Blanched buccal mucosa & lower labial mucosa.



Figure 3: Shrunken uvula.