

Review Article

Genomic Alterations in Acute Myeloid Leukemia in Routine Clinical Practice

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Abstract

Acute Myeloid Leukemia (AML), the most common acute leukemia in adults, is a genetically heterogeneous disease. Genomic alterations condition the pathophysiology of AML. Nowadays, these changes are considered to be important biomarkers for risk stratification, treatment decisions (including new targeted drugs) and Minimal Residual Disease (MRD) monitoring during follow-up of AML. Positive MRD in AML patients is associated with a higher risk of relapse and shorter overall survival compared to MRD negative individuals. Nevertheless, MRD-targets, diagnostic techniques, time points of MRD determination, and analyzed material are not standardized. Thus, integration of MRD testing in individual AML patients in routine practice is still a work-in-progress. This review article comprehensively focuses on key molecular biomarkers in AML and their utilization in clinical practice, especially regarding risk assessment and MRD testing. Moreover, new AML molecular-targeted therapies are briefly summarized here.

Keywords: Acute myeloid leukemia; Genomic alterations; Molecular biomarkers; Minimal residual disease; Targeted therapies

Introduction

Acute myeloid leukemia is characterized by uncontrolled proliferation and accumulation of clonal immature myeloid cells in bone marrow and peripheral blood leading to hematopoietic failure [4]. AML is a genetically heterogeneous disease with a very variable prognosis and high mortality rate. The 5-years Overall Survival (OS) is less than 50% and only 20% of elderly patients will survive 2 years after diagnosis [48]. Nowadays, cytogenetic profile and new molecular markers play an important role in diagnosis, prognosis, and monitoring of AML, as well as in optimizing therapeutic strategies [48].

Achieving complete remission defined by the absence of leukemic blasts in the bone marrow is not sufficient for predicting long-term remission as most patients relapse [63]. This prediction was improved with measuring the residual levels of leukemic cells (also called minimal or measurable residual disease; MRD) that persist in the bone marrow after chemotherapy [41]. In current studies, MRD-targets, diagnostic techniques, time points of MRD assessment, and analyzed material are variable. With the exception of MRD detection in Acute Promyelocytic Leukemia (APL), for which standardized guidelines have been published [54], there is still a lack of prospective randomized studies providing data on how to modulate treatment to alter outcomes based on MRD status in non-APL AML. It has been proven that MRD assessment allows outcome prediction. So far, implication of MRD testing in individual AML patients in routine practice is still a work-in-progress [28].

In this work, we comprehensively review key molecular biomarkers in AML, focusing on their utilization in clinical practice. We emphasize risk stratification and MRD testing, as well as novel AML targeted therapy. Routinely used methods to determine MRD

and some future perspectives, and finally, practical aspects of MRD monitoring are also briefly presented.

Techniques for MRD Assessment

In practice, MRD evaluation is commonly performed by two methods – Multicolor Flow Cytometry (MFC) and real time quantitative PCR (RT-qPCR). Modern techniques such as Next Generation Sequencing (NGS) and digital droplet PCR (ddPCR) could be applied to routine clinical practice in the near future on account of their benefits [28].

Multicolor Flow Cytometry

Multicolor flow cytometry is a technique recognizing antigens on leukemic cells by fluorescence-labeled antibodies [28]. MRD detection by MFC is rapid and applicable to almost all AML patients (up to 90%), but has lower sensitivity (10^{-3} – 10^{-4}) when compared to other techniques [57,67]. Two partially overlapping analyzing strategies can be used for MFC-MRD; the first focuses on Leukemia-Associated Immunophenotypes (LAIP), which are determined at the time of diagnosis and then used to track down residual leukemic cells in the follow-up samples. The second one is based on identifying any immunophenotypes that are Different-from-Normal (DfN) in samples submitted for MRD analysis [18,28,57,67]. Currently, the integrated LAIP-based DfN approach is recommended by the European Leukemia Net (ELN) MRD Working Party [56]. Unfortunately, MRD monitoring by MFC has not been fully standardized in AML in comparison to other hematologic malignancies [27].

PCR-Based Methods

Polymerase Chain Reaction (PCR) is a method that allows quantification of nucleic acids by amplification with the enzyme DNA polymerase [8]. In AML, these techniques identify AML-associated

mutations in the follow-up samples. Real-time quantitative PCR is the golden standard for molecular MRD detection. RT-qPCR provides high sensitivity (10^{-4} – 10^{-6}) and specificity, however, it can be used only in those patients harbouring specific aberrations (especially NPM1, CBF-MYH11, RUNX1-RUNX1T1, PML-RARA, accounting for approximately 40% of all AML patients) [18].

An innovative method called droplet digital PCR provides high precision quantification which is very reliable and offers the possibility to monitor several mutations simultaneously. However, it is not currently being used in routine practice, mainly due to higher costs and a limited number of equipped laboratories [8,18,28].

Next Generation Sequencing

NGS allows us to increase our knowledge of molecular heterogeneity in AML. Due to broader mutation coverage, it has the potential to be used in almost all AML patients. However, the sensitivity of NGS assays depends on DNA quality and quantity, as well as on the distinct monitored mutations. Universally standard quality criteria for NGS have still not been determined. Therefore, its application in routine practice has to be individually validated [1,28,57,66].

Molecular Biomarkers

FMS-Like Tyrosine Kinase 3 (FLT3)

FMS-like tyrosine kinase 3 is a transmembrane ligand-activated receptor tyrosine, expressed by the hematopoietic stem or progenitor cells, which regulates the differentiation, proliferation, and survival of these cells. Mutations in the FLT3 gene cause dysregulation of the gentle balance between cell proliferation and differentiation.

FLT3 mutations are found in approximately 30% of newly diagnosed AML cases. FLT3 internal tandem duplication (FLT3-ITD), the most frequent mutation (approximately 25% of AML cases) significantly affects the prognosis of AML. Point mutations in the tyrosine kinase domain (FLT3-TKD) have a lower incidence in AML (approximately 7 – 10% of all cases) and their prognostic value is uncertain [9,21,48,]. FLT3-ITD mutations are associated with high White Blood Cell (WBC) counts, high percentage of peripheral and bone marrow blasts and represent a negative risk factor for overall survival and Event-Free Survival (EFS) [21,47].

FLT3 detection methods include agarose gel electrophoresis following PCR-electrophoresis and fragment analysis using capillary sequencing [53]. Approximately 25% of FLT3-ITD negative relapses are recorded in patients with FLT3-ITD positivity at the time of diagnosis. FLT3-ITD mutation is unstable and nowadays it is not considered being a reliable MRD marker [35].

The prognosis of AML patients with FLT3-ITD mutations is significantly affected by several other factors: *the Allelic Ratio* (AR) of FLT3-ITD to wildtype FLT3, *karyotype*, and the presence of *nucleophosmin 1 mutations* (NPM1) [9,49].

A higher FLT3-ITD allelic ratio ($AR > 0.5$, FLT3-ITD^{high}) is associated with higher relapse rates, refractory disease, and shorter OS [16]. Allogeneic hematopoietic stem cell transplant (allo-HSCT) in the first Complete Remission (CR) shows improved Relapse-Free Survival (RFS) and OS in patients with $AR > 0.5$ compared to patients receiving standard intensive chemotherapy with or without

autologous HSCT. This effect was not seen in patients with low allelic ratio ($AR < 0.5$, FLT3-ITD^{low}) [55].

Both FLT3-ITD and FLT3-TKD mutations are associated especially with normal cytogenetics (CN-AML) or t(15;17), and rarely with complex karyotype or CBF-leukemia (CBF-MYH11 and RUNX1-RUNX1T1) [42,47]. Patients with t(15;17) acute promyelocytic leukemia harbouring FLT3 mutations are more likely to present with elevated WBC counts and poorer prognosis than those without mutations [45].

The most recent studies propose that patients with FLT3-ITD^{low} and NPM1 mutations have similarly favorable outcomes as patients with NPM1 mutations without FLT3-ITD. Conversely, patients with FLT3-ITD^{high} and NPM1 wild type have a poor prognosis [14]. These are key changes in revisited risk stratification of AML 2017 (Figure 1) [14]. Allogeneic HSCT in CR1 should benefit for patients with intermediate and high risk AML according to the time-dependent analysis [5].

Acknowledgment of FLT3-ITD prognostic impact led to the identification of inhibitors of FLT3 as new therapeutic opportunities in the treatment of AML. Multi-targeted tyrosine kinase inhibitors have shown promising anti leukemic activity in clinical trials [43,62,66]. Midostaurin, the first-generation type I inhibitor, was approved by the FDA in 2017 in combination with standard intensive treatment in FLT3 ITD or TKD mutated AML. The results of the clinical trial have demonstrated a 23% lower risk of death in the midostaurin arm versus placebo [62]. Gilteritinib, the second-generation type I inhibitor, is the other agent approved by the FDA (in 2018) for FLT3-mutated AML. This dual FLT3/ASXL inhibitor is indicated for the relapsed/refractory FLT3 ITD or TKD mutated AML as a single agent. Median OS was 9.3 in the gilteritinib arm versus 5.6 months in the investigator's choice arm [43].

Nucleophosmin-1 (NPM1)

The nucleophosmin-1 protein regulates multiple cellular events by maintaining genomic stability and DNA repair and apoptosis. The mutation of NPM1 could be critical in malignant transformation [18,48].

NPM1 mutations occur in 30% of AML patients generally in higher median age (46-58 years) [23] and 45-64% of AML patients with NPM1 mutations have a normal karyotype [47]. Mutated NPM1 is associated with good response to standard induction chemotherapy and favorable outcomes without the FLT3-ITD mutation with a high allelic ratio [13,18,47]. The influence of co-occurring mutations with FLT3-ITD is mentioned above. NPM1 mutations are also associated with DNMT3A mutations in almost 60-70% of cases. The presence of DNMT3A mutations most likely negate the favorable effect of NPM1 mutations [18].

Nowadays, RT-qPCR is the most common and sensitive method to determine NPM1. In the future, ddPCR with improved sensitivity allowing for the detection of rare NPM1 mutation subtypes could be used in routine clinical practice [18,28,35,57]. NPM1 mutation is considered to be a reliable MRD marker, these mutations were observed at relapse in nearly all initially NPM1-positive patients. Sensitivity of NPM1 detection in bone marrow is about 1 log higher than in Peripheral Blood (PB) and time from the first molecular

FAVORABLE	<ul style="list-style-type: none"> ▪ t(8;21)(q22;q22.1);<i>RUNX1-RUNX1T1</i> ▪ inv(16)(p13.1;q22) ort(16;16)(p13.1;q22); <i>CBFB-MYH11</i> ▪ Mutated <i>NPM1</i> without <i>FLT3-ITD</i> or with <i>FLT3-ITD</i>^{low} ▪ Biallelic mutated <i>CEBPA</i>
INTERMEDIATE	<ul style="list-style-type: none"> ▪ Mutated <i>NPM1</i> and <i>FLT3-ITD</i>^{high} ▪ Wild-type <i>NPM1</i> without <i>FLT3-ITD</i> or with <i>FLT3-ITD</i>^{low} (without adverse-risk genetic lesions) ▪ t(9;11)(p21.3;q23.3); <i>MLL2-KMT2A</i> ▪ Cytogenetic abnormalities not classified as favorable or adverse
ADVERSE	<ul style="list-style-type: none"> ▪ t(6;9)(p23;q34.1); <i>DEK-NUP214</i> ▪ t(v;11q23.3); <i>KMT2A</i> rearranged ▪ t(9;22)(q34.1;q11.2); <i>BCR-ABL1</i> ▪ inv(3)(q21.3;q26.2) or t(3;3)(q21.3;q26.2); <i>GATA2, MECOM(EV11)</i> ▪ -5 or del(5q); -7; -17/abn(17p) ▪ Complex karyotype, monosomal karyotype ▪ Wild-type <i>NPM1</i> and <i>FLT3-ITD</i>^{high} ▪ Mutated <i>RUNX1</i> ▪ Mutated <i>ASXL1</i> ▪ Mutated <i>TP53</i>

Figure 1: 2017 ELN risk stratification by genetics (Adapted from Döhner et al [14]).

positivity to relapse is longer, if MRD was first detected in bone marrow than in peripheral blood (median, 133 days vs. 87 days) [26]. Balsat et al have mentioned the possibility of diluting the bone marrow sample with peripheral blood and overestimating the quality of their response [3].

Ivey et al have reported that the detection of NPM1 in PB after the second cycle of intensive chemotherapy was determined to be the optimal time point for MRD [26], while Hubman et al [25] and Balsat et al [3] identified the most appropriate checkpoint to assess the MRD level is in time of recovering hematopoiesis after induction therapy. Patients who achieved <4 log [3] (0.01%) or <3 log (0.1%) [25] reduction of NPM1 transcripts (used RT-qPCR) in peripheral blood has a higher risk of relapse with inferior survival. MRD positivity seems to be a better predictor of relapse than traditional genetic risk stratification [18]. Therefore, early MRD monitoring of NPM1 mutation in PB may identify AML patients, who will benefit from allogeneic HSCT. During follow up, including after allo-HSCT, increasing levels of NPM1 mutation or the change of MRD negativity to MRD positivity nearly always indicated relapse [18]. Interestingly, Balsat et al have observed that NPM1 mutated and FLT3 positive patients, regardless of the allelic ratio, with > 4 log reduction of NPM1 transcript did not benefit from allo-HSCT in CR1 [3].

Isocitrate dehydrogenase 1 and 2 (IDH1/IDH2)

Isocitrate dehydrogenase 1 and 2 are NADP⁺-dependent enzymes, which catalyze the oxidative decarboxylation of isocitrate to produce CO₂ and α-ketoglutarate (αKG). These play a key role in cellular respiration and defense against oxidative stress (Ragon and DiNardo 2017). IDH1/IDH2 mutations induce changes resulting in abnormal enzymatic function and production of an oncometabolite, 2-Hydroxyglutarate (2-HG), which leads to DNA hypermethylation, aberrant gene expression, cell proliferation and abnormal differentiation [38].

IDH mutations (mIDH), specifically IDH1-R132, IDH2-R140, and IDH2-R172, are observed in 15-20% of all AML patients and in 25-30% of patients with a normal cytogenetics [13,47,48]. Patients with IDH mutations are typically older (median age 67). Higher platelet count, a higher percentage of peripheral and bone marrow blasts, and more pronounced neutropenia were detected at the time of diagnosis [38].

Several methods, including PCR, Sanger sequencing or NGS, are commonly used for the detection of IDH mutation [36]. Several publications have described IDH as a potential marker for MRD monitoring [7,10,44,64]. IDH1/IDH2 are markers that show a response to treatment and reflect the onset of relapse. IDH1/IDH2 can be used as suitable markers for MRD monitoring if there is no other more sensitive marker (e.g. NPM1) [44].

The prognostic impact of IDH-mutant AML is controversial but seems to be affected by co-mutational status and the specific location of the mutation [38]. Three meta-analyses performed by Feng, Zhou, Xu and colleagues showed that IDH1 mutations were associated with shorter OS and EFS, especially in patients with CN-AML [19,68,71]. Patients with IDH1 single-nucleotide polymorphism (SNP) r11554137 also had shorter OS [68]. Conversely, IDH2 mutations were associated with better prognosis, especially in intermediate-risk AML (frequently trisomy 8) [68]. A study by Papaemmanuil et al [39] has reported a favorable prognosis of the IDH2 R172 mutation, but meta-analysis by Xu et al [68] has shown that prognostic impact has significant heterogeneity and more studies are required to clarify its influence. The prognostic impact of combining with other mutations, especially NPM1, FLT3-ITD, DNMT3A is ambiguous [36,38,68].

IDH1/IDH2 represent prognostic markers for treatment with hypomethylating agents. These mutations are associated with favorable outcomes and significantly higher clinical remission rates

Table 1: Molecular markers in AML: prevalence, tissue, prognostic value, utility in MRD.

Molecular marker	Prevalence	Tissue	Prognostic value	Utility in MRD
FLT3-ITD	25%	BM	poor	no
FLT3-TKD	7-10%	BM	controversial	no
NPM1	30%	BM/PB ¹	favorable	yes
IDH1/IDH2	25-30%	BM	controversial	possible
DNMT3A	18-22%	BM	poor	no
CBF leukemias: RUNX1-RUNX1T1 CBFB-MYH11	15-20%	BM	favorable	yes
WT1 expression	80%	PB	poor	yes

¹PB can substitute for BM

during treatment with decitabine or azacitidine [47,48].

It was found that IDH-mutant AML cells are sensitive to the BCL-2 inhibitor venetoclax. Promising data have been reported on treatment with venetoclax combined with Hypomethylating Agents (HMA) in elderly, previously untreated patients with AML. The rate of complete remission and CR with incomplete hematological recovery (CRi) was 67% (97/145) with a tolerable safety profile. Overall survival exceeded 17 months. Patients with IDH1/2 had a median survival rate of 24.4 months, which may show a higher sensitivity of venetoclax in IDH-mutated patients [13,65].

Several selective inhibitors of mutant IDH are now being developed. Enasidenib (AG-221) is the first mutant IDH inhibitor approved by FDA (August 2017) for relapsed/refractory (R/R) IDH2-mutated AML in monotherapy. Enasidenib has shown activity against both IDH2-R140 and IDH2-R172 mutations. Clinical efficacy was observed in 285 patients with IDH2-mutated R/R AML in a phase 1/2 clinical trial. Overall Response Rate (ORR) was 40.3% (114/285), CR was achieved in 19.3% (55/285) with median OS 19.7 months [61]. The first-in-class mutant IDH1 inhibitor ivosidenib (AG-220) was approved in July 2018 as a single agent in IDH1-mutated R/R AML. This approval was based on a large phase 1 dose-escalation trial; in the primary efficacy population CR or CR with partial hematologic recovery was achieved in 30.4% (38/125), and ORR in 41.6% (52/125) [12].

DNA Methyltransferase3A (DNMT3A)

DNA methylation by *de novo* DNMT3A and 3B (DNMT3B) is an important epigenetic mechanism for genome regulation and development. Dysregulation of DNMT3A and DNMT3B leads to various diseases including hematological malignancies [70]. Mutation at arginine 882 (R882) represents almost 50% of DNMT3A mutations in AML [22,48].

DNMT3A mutations are the most frequent recurrent alterations after FLT3 and NPM1 in AML. DNMT3A mutations occur in 18-22% of all AML patients. These mutations are highly frequent in the group of patients who have an intermediate-risk cytogenetic profile. Patients with DNMT3A mutated AML compared to DNMT3A wild type AML are older, with higher white blood cell count and are diagnosed with myelomonocytic or monocytic AML [6,29,48].

Sanger sequencing is widely used in the detection of DNMT3A, but its sensitivity is low. Allelespecific PCR or RT-qPCR have a relatively high sensitivity in the detection of these mutations [30].

DNMT3A is not a suitable marker for MRD monitoring. DNMT3A mutations are detectable in patients with long-lasting complete remission, but likely present the persistence of preleukemic clones instead of true leukemic cells. Several studies have presented no clear association between the persistence of DNMT3A mutations in CR and worse prognosis [6].

A large number of studies have presented inferior outcomes of DNMT3A mutated AML compared with DNMT3A wildtype AML [20,29,33,51,59]. Ribeiro et al reported that mutated DNMT3A worsens OS independent of a number of NPM1, FLT3, or CEBPA mutations, and regardless of WBC count, cytogenetic risk, and age [51]. A different study observed that the prognostic impact of DNMT3A mutations depends on age and the type of mutation (R882-DNMT3A or non-R882 DNMT3A). Only non-R882 DNMT3A mutations were associated with poor prognosis in younger patients, while in older patients only R882-DNMT3A mutations had worse outcomes [33].

Despite the above findings, the impact of DNMT3A mutations in clinical decision-making is still unclear, especially for the indication of more aggressive therapeutic strategies such as bone marrow transplantation in the first complete remission of these patients [6]. Patel et al found that intensification of the anthracycline dose (90 mg/m²/day of daunorubicin) significantly improved outcomes in patients with DNMT3A mutated AML [40]. The same findings were observed in a different group [58]. However, larger prospective clinical trials are necessary for this confirmation [6].

Older patients with DNMT3A mutations have an improved response to treatment by specific DNA methyltransferase inhibitors like azacitidine or decitabine. A higher clinical remission rate and superior OS was achieved by treatment with decitabine in patients with DNMT3A mutations compared to the DNMT3A wildtype mutation (75% vs 34% and 15.2 vs 11 months). However, this comparison is limited by the small number of DNMT3A mutated patients [33].

Core Binding Factor (CBF)

Core binding factor -AML comprises AML with t(8;21) (q22;q22) or inv(16) (p13;q22)/t(16/16) (p13;q22), which generate the RUNX1-RUNX1T1 (AML1-ETO) and CBF-MYH11 fusion genes, respectively [48]. Both alterations disrupt the normal function of the heterodimeric transcription factor CBF complex, which regulates the expression of genes required for normal hematopoiesis [17].

CBF-AML occurs in 15-20% of adult *de novo* AML cases, predominantly in patients under 60 years of age (patients with inv(16) are generally older than those with t(8;21)). Patients with CBF-AML often have a higher marrow blast percentage, hyperleukocytosis, and more frequently, extramedullary disease. Translocation (8;21) is more often associated with AML M2 subtype, while CBF-MYH11 is associated with AML M4Eo. [48] These leukemias are categorized under AML with recurrent genetic abnormalities according to the 2016 WHO classification and are included in the favorable genetic risk group according to the 2017 ELN risk stratification [14].

The transcripts can be detected with RT-qPCR and serve as powerful MRD markers [18,48].

The presence of CBF-AML mutations was found to be associated

with a higher remission rate (80-90%) and better OS, and patients benefit from high dose cytarabine post-remission therapy. Nevertheless, approximately 40-45% of these patients relapse [48].

A variety of studies have observed the prognostic significance of CBF-transcripts, but optimal time-points, specimens, and cut-offs are still uncertain. Patients who achieved after one cycle of intensive chemotherapy MRD copy numbers <100 in BM or <10 in PB for CBF-MYH11 AML and <500 in BM or <100 in PB (or >3 log BM MRD reduction) for RUNX1-RUNX1T1 AML are associated with a lower risk of relapse and better OS (normalized to 10^5 ABL1 copies). After consolidation therapy and during remission follow up (normalized to 10^5 ABL1 copies), the MRD detection of mutation gene copy numbers >50 in BM and >10 in PB for CBF-MYH11 AML and >500 in BM and >100 in PB for RUNX1-RUNX1T1 was associated with relapse in all cases [69]. In another study, the achievement of at least two negative MRD samples in BM for CBF-MYH11 AML during consolidation or early follow-up (≥ 3 months after complete therapy) was associated with a low risk of relapse (<10%) [18]. Yin et al have reported the median times of molecular to hematological relapse to be 4.9 months for BM and 4.5 months for PB in patients with RUNX1-RUNX1T1 mutation, and 3 months in CBF-MYH11 mutation [69].

In conclusion, MRD detection after induction or completion of consolidation chemotherapy could help to decide about allo-HSCT in patients with insufficient decrease of MRD, but there is still no proof about improved survival with allo-HSCT. It is recommended to measure MRD at least every 3 months in the BM during the first 2 years for both CBF-AML subgroups. Ideally, MRD should be detected in both peripheral blood and bone marrow. But as of yet, PB cannot be considered to be a substitute for BM in clinical practice because of false-negatives [18].

Wilms Tumor Gene 1 (WT1)

The Wilms tumor gene 1, located on chromosome 11p13, is a tumor suppressor gene encoding a zinc-finger transcriptional factor that controls cellular growth and differentiation. WT1 expression occurs in CD34⁺ progenitors and is absent in mature leukocytes in normal adult hematopoiesis [2,31,60]. Mutations in the WT1 gene or its over expression are frequent alterations in myeloid malignancies and can cause deregulation of the WT1 function, which leads to enhanced cell proliferation and hampered cell differentiation [34]. WT1 gene expression indicated poor prognosis in AML patients with NPM1 or FLT3 wild types [15].

WT1 is expressed in more than 80% of adult AML patients in both Bone Marrow (BM) and Peripheral Blood (PB). WT1 expression decreases in patients in remission and increases before hematological relapse. Therefore, WT1 is a suitable marker for monitoring MRD after chemotherapy or HSCT, especially in patients without specific molecular markers. RT-qPCR is the main method of WT1 detection [31,46].

Several studies reported improved OS and EFS when patients had achieved more than a 2log reduction of WT1 expression levels within 61 and 180 days from the start of induction chemotherapy. A standardized WT1 assay after induction therapy could be used to determine AML risk stratification and decision about allo-HSCT in first complete remission [52].

Positive MRD by WT1 expression (MRD^{WT1}) in patients 3 months after ASCT is more often associated with post-transplant relapse, decreased EFS, and poor OS. Correlation between relapse and MRD^{WT1} is stronger in PB than BM. Positive MRD^{WT1} is defined as >250 and >50 copies per 10^4 ABL copies in BM and PB according to the ELN criteria. Interestingly, 3-month chimerism had less impact on relapse than MRD^{WT1}. Identification of poor risk patients after allo-HSCT by WT1 expression in PB could lead to early immunosuppressive therapy discontinuation or could indicate preemptive donor lymphocyte injection and/or chemotherapy [16].

WT1 mutations have been found in approximately 10% of AML cases with CN-AML. WT1 mutations occur with FLT3 mutation in most cases and lead to induction therapy failure. The level of WT1 after induction therapy helps determine high risk patients for early relapse, those who need more intensive post-induction treatment [47].

Practical Aspects

The ELN MRD working group recommends determining MRD after two cycles of chemotherapy and at the end of treatment. In patients undergoing allo-HSCT, MRD should be measured 4 weeks before allo-HSCT and every 3 months for the first 2 years in BM and PB during the follow-up phase [28].

MRD detection in BM is of higher sensitivity than in PB. However, PB sampling is less burdensome for the patient and allows determining MRD level in shorter intervals and therefore detecting earlier the recurrence of disease [28].

MRD by RT-qPCR should be used for patients with positive CBF-MYH1, RUNX1-RUNX1T1, and NPM1 mutations. WT1 expression can be detected by RT-qPCR as a potential MRD marker for AML patients without specific mutations. In all other patients, MRD should be detected by MFC [24,57].

MRD threshold highly depends on the applied method, tissue, and analyzed target. MFC-MRD has a recommended cut-off of 0.1%, but lower levels of MRD still have the potential to cause relapse. Regarding RT-qPCR, both absolute thresholds (e.g., "negativity", 0.01% or 0.1%) and log reduction to baseline levels at diagnosis time have been determined as clinically relevant. For NGS assays, distinct variant allele frequency level ("negativity", 0.2% or 2.5 %) have been suggested as MRD thresholds [28,57].

In case of a positive MRD result, confirmation is recommended after 2-4 weeks before the decision of pre-emptive treatment [28].

Conclusion

Genomic alterations are considered to be important markers for risk stratification, MRD monitoring, and treatment-decision making in AML patients. An understanding of the prognostic significance of these alterations led to the research of targeted drugs and shifted the development of AML treatment. MRD testing permits therapy modulation or early intervention in patients who do not respond to treatment or relapse early.

In patients with low or intermediate risk at the time of diagnosis, early MRD assessment can help to identify those who could benefit from allo-HSCT. MRD positivity seems to be a better predictor of

relapse than pre-therapeutic risk assessment, especially in NPM1 positive AML [3,25,26]. This is similar to patients with acute lymphoblastic leukemia in complete remission after treatment on the GMALL protocol in week 16 with MRD level $> 10^{-4}$ who should undergo HSCT [25].

This finding raises the need for more prospective randomized clinical trials monitoring MRD, with a subsequent individualized approach to patient treatment including the assessment of the risk of relapse and risk of mortality after allogeneic stem cell transplantation.

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Conflict of Interest

The authors declare no conflict of interest.

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