

Review Article

Hypertension - Effective Diagnosis and Treatment Method of Resonance Therapy for Patients aged 50-80 Years

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Introduction

Hypertension (AH), also known as high blood pressure, is a long-term condition in which the blood pressure in the arteries is permanently elevated [11]. High blood pressure usually causes no symptoms [1]. Hypertension, however, is a major risk factor for stroke, coronary heart disease, heart failure, atrial fibrillation, peripheral arterial disease, vision loss, chronic kidney disease, and dementia [2-4,12]. Hypertension is the leading cause of premature death worldwide [13].

High blood pressure is classified as either primary (essential) hypertension or secondary hypertension [5]. About 90-95% of cases are primary, defined as high blood pressure due to non-specific lifestyle and genetic factors [5,6]. Lifestyle factors that increase risk include excess salt in the diet, being overweight, smoking, physical inactivity, drinking alcohol, and being stressed [1,5]. The remaining 5-10% of cases are classified as secondary high blood pressure, defined as high blood pressure caused by an identifiable cause such as chronic kidney disease, narrowing of the renal arteries, an endocrine disorder, or use of birth control pills [5].

Blood pressure is classified according to two indicators: systolic and diastolic pressures, which are the maximum and minimum pressure, respectively [1]. For most adults, normal blood pressure at rest is between 100-130 millimeters of mercury (mm Hg) systolic and 60-80 mm Hg at rest. Art. Diastolic

Abstract

Currently, hypertension is treated according to the principle of substitution therapy - the structures of the nervous system, which in healthy people regulate blood pressure, become unable to carry it out during hypertension. With initially high blood pressure values, medications are taken for life. During times of severe stress that causes hypertension, the structures of the nervous system - simaticus, sympathetic thoracic trunk, hypothalamus, hippocampus, amygdala, midbrain are actively involved. It is these same structures that regulate arterial blood pressure, but during stress these structures degenerate and can no longer take part in the regulation of arterial blood pressure, as a result of which it increases "without control". This article discusses the method of resonance therapy, which restores the degenerated, destroyed structures of the nervous system - the simaticus, the sympathetic thoracic trunk, the hypothalamus, the hippocampus, the amygdala, the midbrain and leads to the fact that blood pressure becomes completely normal.

Keywords: Hypertension; Resonance diagnostics; Resonance therapy; Patients aged 50-80 years; Resonance of destruction; Resonance of creation; Sympathetic and sympathetic thoracic trunk; Hypothalamus; Midbrain; Brainstem on the right

[8,14]. In most adults, high blood pressure is present when resting blood pressure is consistently at or above 130/80 or 140/90 mmHg. Art [5,8]. For children, different numbers apply [15]. Ambulatory blood pressure monitoring over a 24-hour period appears to be more accurate than office blood pressure measurements [5,11].

Lifestyle changes and medications can lower blood pressure and reduce the risk of health complications [9]. Lifestyle changes include weight loss, exercise, reduced salt intake, reduced alcohol intake, and a healthy diet [5]. If lifestyle changes are not enough, then blood pressure medications are used [9]. Up to three drugs taken at the same time can control blood pressure in 90% of people [5]. Medical treatment of moderately high blood pressure (defined as >160/100 mmHg) is associated with increased life expectancy [16]. The effect of blood pressure treatment between 130/80 mmHg. Art and 160/100 mmHg. Art. less clear, with some reviews noting a benefit [8,17,18] and others not clear a benefit [19-21] High blood pressure affects between 16 and 37% of the world's population [5]. In 2010, hypertension was thought to be responsible for 18% of all deaths (9.4 million worldwide) [10].

Hypertension is rarely accompanied by symptoms and is usually identified through health screening or when seeking medical attention for an unrelated problem. Some people with high

blood pressure complain of headaches (especially in the back of the head and in the morning), as well as dizziness, tinnitus (buzzing or hissing in the ears), blurred vision, or episodes of fainting. These symptoms, however, may be due to comorbid anxiety rather than high blood pressure itself.

On physical examination, hypertension may be associated with fundus changes seen on ophthalmoscopy. The severity of changes typical of hypertensive retinopathy is assessed from I to IV degree; I and II degrees can be difficult to differentiate. The severity of retinopathy roughly correlates with the duration or severity of hypertension.

What changes in the structure of the nervous system are associated with hypertension? These are the questions that were posed to the author of this work. Most often, the occurrence of hypertension due to stress is associated with changes in the hypothalamus, midbrain, pons, brainstem on the right, sympathetic, sympathetic thoracic trunk [40-45]. As a rule, degeneration and decay of structures occur in these structures. And as shown in our previous works [24-39], degeneration can be cured with the help of resonance therapy methods. That is why in this work we intend to use the methods of resonance diagnostics and therapy to restore degenerated formations in hypertension.

What is Resonance Diagnostics and Therapy?

From a scientific point of view, resonance is a phenomenon of the response of an oscillatory system to an external influence. When the periods of action and the response of the system coincide, a resonance occurs - a sharp increase in the amplitude of the considered oscillations.

Resonance was discovered by Galeleo Galelei in 1604 [22]. The resonance can be most clearly described as follows. A platoon of soldiers approaches a wooden bridge and the officer gives the command to go out of step because if a platoon of soldiers crosses the wooden bridge in step, the bridge may collapse from resonance. The vibrations of the bridge will coincide with the vibrations of the marching soldiers, a resonance will arise, from which the bridge will collapse.

In this review, the role of the bridge is "played" by the disease, and the role of marching soldiers is "performed" by the therapeutic effect. The commander of the soldiers did not want the bridge to collapse due to possible resonance. The doctor, by contrast, absolutely needs a resonance to destroy the disease.

Resonance methods for studying matter have found wide application in physics, chemistry, biology, and medicine. For example, Nuclear Magnetic Resonance (NMR).

At the end of the 20th century, Magnetic Resonance Imaging (MRI) was developed on the basis of NMR. It is used to obtain images of the human brain, heart, and digestive tract organs. For the development of MRI in 2003, the American biophysicist Paul Lauterbur and his English colleague Peter Mansfield were awarded the Nobel Prize in Physiology or Medicine.

In 1975, the German physician Frank Morell came to the quite logical conclusion that if a disease of the organs of the human body is inevitably accompanied by disturbances in their frequency rhythm, then the essence of treatment should be to suppress the resulting "unhealthy" fluctuations and restore normal ones.

The vegetative resonance test - VRT, originally proposed in 1991 by the German scientist G. Schimmel [23], allows one-point examination. Testing by him only one biologically active point of a person makes it possible to assess the state of not only all organs and systems, but also their interconnections.

A device for resonance therapy based on a computer was created, which included both diagnostic and therapeutic parts. In a modern device for resonance therapy there is a large selector with diagnostic (they are also therapeutic) markers, information copies of diseases, which are called "nosodes" when it comes to the disease and "organ preparations" - information copies of healthy organs when the doctor deals with normal, not pathological organs or their parts. "Nosodes" are needed for the identification and treatment of diseases, and "organ preparations" for testing perfectly healthy organs or parts of them. Nosodes are electronic markers about a disease and "organ preparations" - information markers about a healthy organ or its part, recorded on a specific medium.

Each test drug exerts a wave effect on the patient. It is necessary to restore spectral (frequency) harmony in a patient [24].

Original test preparations (unlike their informational copies) are material objects, i.e. specific substances with their own atomic and molecular structure. Movement is an essential property of matter. Everything moves: from galaxies, stars and planets to the smallest particles of matter.

Resonance of Destruction-Diagnosis using Destruction Resonance

In the activity of a doctor who uses resonance therapy, a process takes place using modern technologies. First, a diagnosis is made. To do this, the nosode of the alleged disease is displayed on the screen of a computer connected to a device for resonance therapy and it is tested in a patient. If the nosode is "not tested", then there is no resonance and the arrow on the computer screen does not fall down in the middle of the screen. Therefore, the patient does not have the disease that is displayed by the nosode. In the same case, if the nosode is being tested, there is a resonance between the patient and the test drug - the arrow on the computer screen falls and indicates that the patient has the disease, the name of which is the nosode. This is a diagnostic resonance, but not a therapeutic one. This is how resonance diagnostics is carried out in resonance therapy.

Treatment Using the Destruction Resonance

To treat a detected disease, the doctor must destroy either the tumor or the infectious process with the help of resonance, and for this it is necessary to potentiate the nosode detected in the patient, i.e. to find that potency of the nosode that will cause resonance with the pathological process in the patient and destroy the disease, in other words, therapeutic resonance is needed. To do this, find that potency of the nosode (usually high), which leads to the fact that when testing this nosode in a patient, the arrow stops falling. Such a potency of the nosode leads to a resonant destruction of the structures of the disease. In other words, the information content of the nosode in a certain high potency is used for the resonant destruction of the structure of the disease, namely the treatment of the disease found. The doctor writes the informational content of the potentiated nosode on a sugar grain and the patient takes this sugar grain and is thus treated, i.e. there is a resonant destruction of the structure of the disease.

The use of only extremely low potencies for the treatment of various diseases of resonance therapy did not allow and does not allow to effectively treating many diseases, including oncological diseases, many infectious diseases, etc. In other words, for many years there has been a crisis in bioresonance therapy, but, thus, and in general in resonant medicine. This can be seen in the materials of the annual scientific conferences on bioresonance therapy [46].

When it is said that high-potency preparations are used in the works, they mean those potencies that are prepared electronically [24-39].

Since 2016, materials have been published on the use of high potency drugs for treatment [24-39]. It was found that drugs of high and ultra-high potencies do not cause any side effects, including toxic effects on sick and healthy people. However, high potency preparations proved to be extremely effective in the treatment of severe and extremely severe diseases such as cancer, infectious diseases, including HIV, stones and cysts in organs [24-39]. In particular, metastatic forms of oncology are effectively treated. It has been established that all those forms of oncological diseases that are in the selector of the device for bioresonance therapy are effectively treated with drugs of high and ultra-high potencies.

Treatment of patients with drugs of high potency nosodes was not an end in itself. This method was found in medical practice.

So, resonance medicine includes resonance diagnostics and resonance therapy. The treatment of patients in which the destruction of the structure of the disease occurs, for example, oncology, is called "destruction resonance".

Resonance of Creation

Since 2016, materials have been published on the use of the second direction of therapeutic resonance - the "resonance of creation" [24-39]. Resonance can not only destroy, for example, diseases, but also create lost biological structures. This made it possible to treat degenerative diseases.

We could not find a representation in the scientific literature that resonance can be not only a "resonance of destruction", but also a "resonance of creation". This is obviously due to the fact that it is not easy to imagine how the coincidence of frequencies leads to a response that is not destructive, but creative. In this article, we have presented illustrations of how resonance can be not only destructive, but also constructive, in particular for the treatment of degenerative diseases, such as hypertension.

During the treatment with the help of resonance of destruction, the nosodes of diseases were used, from which preparations were prepared in high potencies. This principle has not been effective for the treatment of degenerative diseases. The creation and formation of the principle of "resonance of creation" became possible only as a result of the fact that not nosodes were used for treatment, but organo preparations of high potencies. Without high potency organo preparations, it is impossible to imagine the use of this principle.

Degenerative diseases can also be congenital. It is clear that a significant part of congenital diseases is the result of underdevelopment of an organ or organ system.

In practice, most often after a disease, for example, inflam-

mation or as a result of the senile process, the level of health of the organ drops until it is destroyed. Such an organ requires restoration (rehabilitation). The resonance of creation makes it possible to restore an organ or part of it.

Organo preparations are wave preparations (wave copies) of healthy organs or their parts. Nosodes are wave preparations of the disease.

There are various organo preparations in the selectors of hardware-software complexes for resonance therapy. For the restoration and rehabilitation of organs, we used organo preparations, mainly of high potencies. They were made in exactly the same way as high potency nosodes.

Diagnosis and Treatment of Hypertension Using Resonant Diagnostics and Therapy

In hypertension, patients of all ages are tested as problematic formations - organo preparations - "sympathicus" and "sympathetic chest trunk", "hypothalamus", "hippocampus", "almond-shaped body", "midbrain", "brain stem on the right". The parasympathetic nervous system (the organo preparation "vagus") is tested very little. What does "tested" mean? This means that the identified organo preparation is subject to degeneration and destruction. It is these disorders that cause an increase in blood pressure in patients. We tested a similar change in all of our patients (14 patients) with resistant hypertension - initially high blood pressure - from 180/110 to 220/120. It is those structures of the nervous system that have undergone degeneration, decay (for example, during stress) that were the structures that normalize blood pressure. And since in patients with hypertension, those structures that normalize blood pressure have undergone a process of degeneration, replacement (antihypertensive) therapy is needed to treat the disease, which is the only one that currently exists. Can replacement therapy restore degenerated structures of the nervous system in hypertension? The answer is simple - no. That is why patients are forced to take anti-hypertensive drugs for the rest of their lives.

Is there any alternative to replacement therapy for hypertension?

Naturally, the question arises of whether it is possible to restore the structure and function of the structures of the sympathetic nervous system we have listed, namely the hypothalamus, midbrain, brain stem on the right, sympathetic, sympathetic thoracic trunk, amygdala, hippocampus and thereby normalize blood pressure? In our previous works, examples of the use for the restoration of organs are given, namely, the tested organo preparations, and thus the restoration of the corresponding structures and functions took place [24-39]. In this work, initially, organo preparations were tested - "hypothalamus", "midbrain", "brain stem on the right", "sympathetic" and "sympathetic thoracic trunk". "hippocampus", "almond-shaped body" As we have already noted, these organo preparations were tested in all our patients, but organo preparations - "sympathicus" and "sympathetic thoracic trunk" were tested more often. Then they were restored. In our works on resonance therapy, the process of restoring degenerated structures is not a problem.

All our patients tested the nosode "hypertension". Next, the selection of potency for our organo preparations was carried out (most often - "sympathicus" and/or "sympathetic chest trunk"), and after the selection of potency was completed, we tested the nosode "hypertension" for the second time with the se-

lected preparations turned on. At the same time, the nosode "hypertension" was tested much less or ceased to be tested at all. Therefore, we correctly selected the potency for our organ preparations and after that the selected organ preparations were recorded on sugar grains, which was a medicine for our patients. This is how the restoration of degenerated organs took place.

In all our patients, the nosodes "adrenaline" and "dopamine" were initially tested, which indicated an increased content of them in the blood, which corresponded to the literature data [1-21]. In the process of treating patients with the method of resonance therapy, the nosodes of these mediators were first tested less and less, and then they stopped being tested, which indicated a decrease in their level in the blood.

We have been systematically diagnosing and treating our patients. At the same time, attention was paid to the fact that in the course of treatment, the arterial blood pressure of the patients became less and less until it reached completely normal values (120/80). This concludes our treatment.

It is important to pay attention to the following. Despite the intake of antihypertensive drugs by our patients, blood pressure in 80% remained at the level of 160/95, i.e. not normal. This is due to the fact that patients were treated with replacement therapy, which does not restore the degenerated structures of the nervous system. In cases where patients simultaneously took drugs that reduce blood pressure at the same time as our treatment, as blood pressure returned to normal, the drug intake was reduced up to complete withdrawal. Our patients understood that without treatment with resonance diagnostics and therapy, they would have to take pharmaceutical drugs for life and would not achieve normalization of blood pressure. In contrast, as a result of treatment with resonance therapy, which restores degenerated structures of the nervous system, after completion of treatment and normalization of blood pressure (120/80–130/85), no pharmaceutical drugs need to be taken.

Conclusion

Currently, hypertension is treated according to the principle of substitution therapy - the structures of the nervous system, which in healthy people regulate blood pressure, become unable to carry it out during hypertension. With initially high blood pressure values, medications are taken for life. During severe stress that causes hypertension, the structures of the nervous system - sympeaticus, sympathetic thoracic trunk, hypothalamus, hippocampus, amygdala, midbrain are actively involved. It is these same structures that regulate arterial blood pressure, but during stress these structures degenerate and can no longer take part in the regulation of arterial blood pressure, as a result of which it increases "without control". This article discusses the method of resonance therapy, which restores the degenerated, destroyed structures of the nervous system - the simaticus, the sympathetic thoracic trunk, the hypothalamus, the hippocampus, the amygdala, the midbrain and leads to the fact that blood pressure becomes completely normal.

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