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Research Article

Perspective on the Potential Efficacy of ONWAY[®] as a Therapeutic Agent for COVID-19: Network Pharmacology and Molecular Docking Analyses

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Abstract

Background: COVID-19 is rapidly spreading worldwide. Targeting Akt has emerged as a hopeful approach for treating COVID-19, providing possible therapeutic benefits when focused on specifically. Prior research has confirmed that the active constituents of ONWAY[®] exhibit a robust attraction to the active region of Akt, consequently impeding the regular operation of its subsequent pathway. Hence, the objective of this ongoing investigation was to assess the feasibility of utilizing ONWAY[®] as a potential remedy for COVID-19.

Subjects and Methods: The ONWAY[®] target and the gene set associated with the novel coronavirus were generated by utilizing the pharmacology database of the Chinese Traditional Medicine system and seven disease gene databases. To elucidate the underlying mechanisms, we conducted gene ontology (GO), Kyoto Encyclopedia of Genes and Genomes (KEGG) enrichment analysis, and protein-protein interaction (PPI) network analysis. Additionally, molecular docking was employed to observe the interaction patterns between active compounds and specific proteins.

Results: A total of 124 genes were generated, surpassing the established efficacy of Lianhua Qingwen capsule in fighting against COVID-19. Subsequently, a network was established by linking 197 active substances with 468 pairs of compound-target connections. Through the examination of GO and KEGG pathways, it was discovered that ONWAY[®] exerts regulatory influences on immune response, apoptosis, and viral infection. Four central genes were identified by utilizing the PPI network and subnetworks. Molecular docking was performed on four genes, namely ALB, Akt1, IL-6, and TNF. The presence of these genes is linked to lung damage, the development of lung fibrosis, and viral infection. Importantly, ONWAY[®] includes two active substances, specifically quercetin and (-)-epigallocatechin-3-gallate, that have the ability to penetrate the active cavity of these four proteins. As a result, they show encouraging therapeutic characteristics in regards to COVID-19.

Conclusions: From a bioinformatics standpoint, the study findings elucidate the potential medicinal applications of ONWAY[®] in managing COVID-19. Furthermore, the research provides insights into the mode of operation of ONWAY[®], thereby supporting the advancement of specific drug development and promoting fundamental studies on SARS-CoV-2 infection.

Keywords: Chinese traditional medicine; COVI-19, ONWAY[®], Molecular docking; Network pharmacology

Highlights

ONWAY* has a total of 124 (872) focal points dedicated to COVID-19 disease targets.

ONWAY^{*} was considered to have Quercetin and (-)-epigallocatechin-3-gallate as its potential bioactive components in the fight against COVID-19.

ONWAY^{*} combats COVID-19 by controlling the immune response, promoting apoptosis, and inhibiting virus infection.

The ability of ONWAY^{*} to inhibit COVID-19 may be due to its small molecule's selective binding to ALB, Akt1, IL-6, and TNF, which contributes to its mechanism of action.

Introduction

COVID-19, caused by the SARS-CoV-2 virus, is a highly contagious respiratory illness characterized by symptoms such as fever, fatigue, dry throat, organ dysfunction, and in severe cases,

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Citation: Yang F, Dong J, and Wei J. Perspective on the Potential Efficacy of ONWAY® as a Therapeutic Agent for COVID-19: Network Pharmacology and Molecular Docking Analyses. Austin J Nutr Metab. 2025; 12(1): 1137. death. Between July 31 and August 27, 2023, the World Health Organization (WHO) reported a 38% increase in cases, with over 1.4 million new infections and more than 1,800 deaths. By August 27, 2023, over 770 million confirmed cases and over 6.9 million deaths had been recorded globally [1].

Amidst the ongoing global pandemic, the National Health Commission of the People's Republic of China reported that more than 90% of COVID-19 patients exhibited positive responses to combined treatment with Traditional Chinese Medicine (TCM) and Western Medicine, leading to recovery or significant improvement [2]. Early use of TCM has been shown to be effective in preventing the progression of mild and moderate cases to severe or critical stages, and in severe cases, TCM has been demonstrated to stabilize the patient, extending the time for treatment [3]. Increasing evidence supports the role of early TCM intervention in improving recovery rates, shortening illness duration, slowing disease progression, and reducing mortality in COVID-19 patients [4-6]. A comprehensive analysis conducted by the State Council Information Office in China identified three TCM decoctions and three Chinese patent medicines, collectively referred to as the "six most effective recipes," as the most efficacious treatments for COVID-19 patients in China [7]. These formulas include Jinhua Qinggan granules (JHQG), Lianhua Qingwen capsules (LHQW), Lung Cleansing and Detoxifying Decoction (LCDD) (also known as Qingfei Paidu, QFPD), Xuanfeibaidu granules (XFB), Huashibaidu granules (HSBD), and Xuebijing (XBJ) [7]. Through network pharmacology analysis, it was found that LHQW targets 65 proteins associated with COVID-19, with a strong affinity for Akt1, a key protein involved in the disease process [8]. Research has shown that Akt activation during SARS-CoV-2 infection is dose-dependent [9]. Additionally, the PI3K/Akt/mTOR pathway plays a significant role in lung damage, pulmonary fibrosis, and immune cell maturation [10].

ONWAY', a Traditional Chinese Medicine solid beverage, is made from water extracts of eight "medicinal and edible" herbs: Ginkgo nut, Dahurian angelica, Olive, Lobed kudzu root, Honeysuckle, Fig, Setose thistle, and Mongolian dandelion. Previous studies have shown that the active components of ONWAY° exhibit a strong binding affinity for Akt1. To evaluate the potential efficacy of ONWAY° in treating COVID-19, we conducted an analysis of drug-target interactions, disease-target interactions, and key target proteins in both the ONWAY° and COVID-19 contexts. The study employed Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway and Gene Ontology (GO) analyses, along with protein-protein interaction (PPI) networks and molecular docking methods. Our findings suggest that, in addition to Akt1, ONWAY' exhibits significant binding affinity to the active sites of IL-6, TNF, and ALB, which are recognized targets in the pathogenesis of COVID-19. These results provide evidence for ONWAY"s potential as an effective therapeutic option for COVID-19.

Materials and Methods

Acquiring Data for ONWAY® and COVID-19 Genes

We gathered information on ONWAY's active compounds and target genes from the TCMSP database, applying criteria of oral bioavailability (OB) > 30% and drug-likeness (DL) > 0.18. The target genes for each compound were retrieved using Uniprot. For COVID-19-related genes, we searched six databases: GeneCards, OMIM, TTD,

DrugBank, DisGeNet, and PubChem, and combined the findings to create a gene set specific to COVID-19.

Network Construction

We used Cytoscape to build a network linking ONWAY's target genes to COVID-19-related genes, based on the overlap of the two gene sets.

Gene Ontology (GO) and KEGG Pathway Analysis

GO and KEGG pathway analyses were conducted to identify the biological processes and signaling pathways associated with ONWAY's effects on COVID-19, using R and Metascape.

Protein-Protein Interaction (PPI) Network

A PPI network was constructed using Cytoscape, focusing on key therapeutic targets based on interaction degree values. CytoHubba and CytoNCA plugins were used to identify the top 10 essential proteins.

Molecular Docking

For molecular docking, we selected the most important gene from the PPI network. The 3D structure of the receptor protein was obtained from the RCSB PDB database, and the corresponding ligand structures were sourced from PubChem. Energy minimization and docking were performed using ChemBio 3D, PyMOL 2.4.0, and Autodock Vina to analyze the binding affinity between ONWAY's active compounds and the receptor proteins. These methods allowed us to explore the therapeutic potential of ONWAY' for COVID-19 through its interaction with key molecular targets.

Results

Evaluation of Active Substances and Possible Objectives

In total, 57 bioactive candidates of ONWAY' were selected for further analysis. Additionally, Ginkgo nut had 14 active compounds, Dahurian angelica had 21 active compounds, Olive had 2 active compounds, Lobed kudzuvine root had 4 active compounds, Honeysuckle had 22 active compounds, Fig had 5 active compounds, Setose thistle had 5 active compounds, and Mongolian dandelion had 6 active compounds (Table 1). Furthermore, 494 targets were obtained of these 57 active compounds in ONWAY° (Extended data 1). In addition, we acquired 288, 1, 44, 31, 542, and 179 genes associated with COVID-19 from the databases Genecards, OMIM, TTD, DrugBank, DisGeNet, and PubChem, respectively. A combined total of 872 gene sets linked to COVID-19 were acquired by consolidating the search results and removing duplicates (as depicted in Figure 1A and Extended data 2). Through the identification of genes that coincide between compound-target genes and genes associated with diseases, we successfully acquired a collection of 124 genes encompassing the ONWAY* target and genes linked to COVID-19. The gene count in this surpasses the previously established Lianhua Qingwen capsule by an additional 56 genes (Figure 1B and Extended data 3).

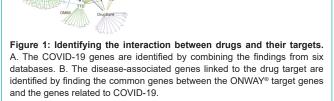
Compound-Target Network

In order to elucidate the primary components that ONWAY^{*} focuses on in relation to COVID-19, a visual representation of a network linking active substances, illnesses, and objectives was

Table 1: Active ingredients moleculer ID and molecule name mapping table.

Composition	Mol ID MOL000492	Molecule name
	MOL000492 MOL000354	(*)-catechin isorhamnetin
	MOL011072	Quinicine
	MOL011072	Scillaren A gt
Ginkgo nut	MOL011075	Shikodonin
	MOL001771	poriferast-5-en-3beta-ol
	MOL002773	beta-carotene
	MOL000449	Stigmasterol
	MOL000358	beta-sitosterol
	MOL000422	kaempferol
	MOL004350	Ruvoside_qt
	MOL005236	gibberellin
	MOL006821	(-)-epigallocatechin-3-gallate
	MOL000098	quercetin
	MOL001494	Mandenol
	MOL001939	Alloisoimperatorin
	MOL001941	Ammidin
	MOL001942	isoimperatorin Cnidilin
	MOL001956 MOL002883	Ethyl oleate (NF)
	MOL002883	neobyakangelico l
	MOL005792	{5-[2'(R)-Hydroxy-3'-methyl-3'-butenyl- oxy]furocoumarin}
	MOL005800	Byakangelicol
Dahurian angelica	MOL005806	4-[(2S)-2,3-dihydroxy-3-methylbutoxy] furo[3,2-g]chromen-7-one
	MOL005807	sen-byakangelicol
	MOL000358	beta-sitosterol
	MOL000449	Stigmasterol
	MOL000953	CLR
	MOL001749	ZINC03860434
	MOL002644	Phellopterin
	MOL003588	Prangenidin
	MOL003791	Linolein, 2-mono-
	MOL007514	methyl icosa-11,14-dienoate
	MOL013430	Prangenin
	MOL001506 MOL001002	Supraene Ellagic Acid
Olive	MOL000422	Kaempferol
	MOL000392	formononetin
	MOL000358	beta-sitosterol
Lobed kudzuvine root	MOL002959	3'-Methoxydaidzein
	MOL003629	Daidzein-4,7-diglucoside
	MOL001494	Mandenol
	MOL001495	Ethyl linolenate
	MOL000009	luteolin-7-o-glucoside
	MOL002914	Eriodyctiol (flavanone)
	MOL003006	(-)-(3R,8S,9R,9aS,10aS)-9-ethenyl- 8-(beta-D-glucopyranosyloxy)- 2,3,9,9a,10,10a-hexahydro-5-oxo-5H,8H pyrano[4,3-d]oxazolo[3,2-a]pyridine-3- carboxylic acid qt
	MOL003014	secologanic dibutylacetal_qt
	MOL002773	beta-carotene
	MOL003036	ZINC03978781
	MOL003044	Chryseriol
Honeysuckle	MOL003095	5-hydroxy-7-methoxy-2-(3,4,5- trimethoxyphenyl)chromone
	MOL003109	Caeruloside C_qt
	MOL003111	Centauroside_qt
	MOL003117	Ioniceracetalides B_qt
	MOL003125	XYLOSTOSIDINE_qt
	MOL003128	dinethylsecologanoside
	MOL000358 MOL000036	beta-sitosterol
	MOL000036 MOL000422	beta-caryophyllene kaempferol
	MOL000422 MOL000449	Stigmasterol
	MOL000098	guercetin
	MOL003062	4,5'-Retrobeta.,.betaCarotene-3,3'- dione, 4',5'-didehydro-
	MOL003101	7-epi-Vogeloside
	54963-37-0	Cvclopiloselloidone
	MOL013304	Fumaricine
Fig	MOL001945	Bergapten
· ·3	MOL000530	Lupeol Acetate
	MOL000356	Lupeol
	MOL001689	acacetin
	MOL001790	Linarin
Setose thistle	MOL000359	sitosterol
	MOL000449	Stigmasterol
	MOL000098	quercetin
	MOL005229	Artemetin
	MOL002341	Hesperetin
		Isovitexin
Mongolian dandelion	MOL002322	
Mongolian dandelion	MOL002322 MOL000006 MOL000449	luteolin Stigmasterol





generated, as depicted in Figure 2A. The network, which represents the interaction between compounds and target diseases by identifying associated genes, was visualized using Cytoscape 3.9.1. It consisted of 197 nodes and 468 edges. Based on network analysis, the average degree of all candidate compounds was 4.751, as depicted in Figure 2A. Generally, it is widely noted that a solitary gene can be focused on by numerous effective substances, while a solitary substance can target multiple genes. Among the 124 genes analyzed, PTGS 2 emerged as the gene most frequently targeted by the ingredients of ONWAY^{*}.

In Table 2, the degree values of the top 6 active components are shown, with 2 compounds having degree values higher than 50: quercetin (degree=65) and (-)-epigallocatechin-3-gallate (degree=52). As a result, these substances were considered as possible active substances of ONWAY in the fight against COVID-19.

GO Enrichment Analysis

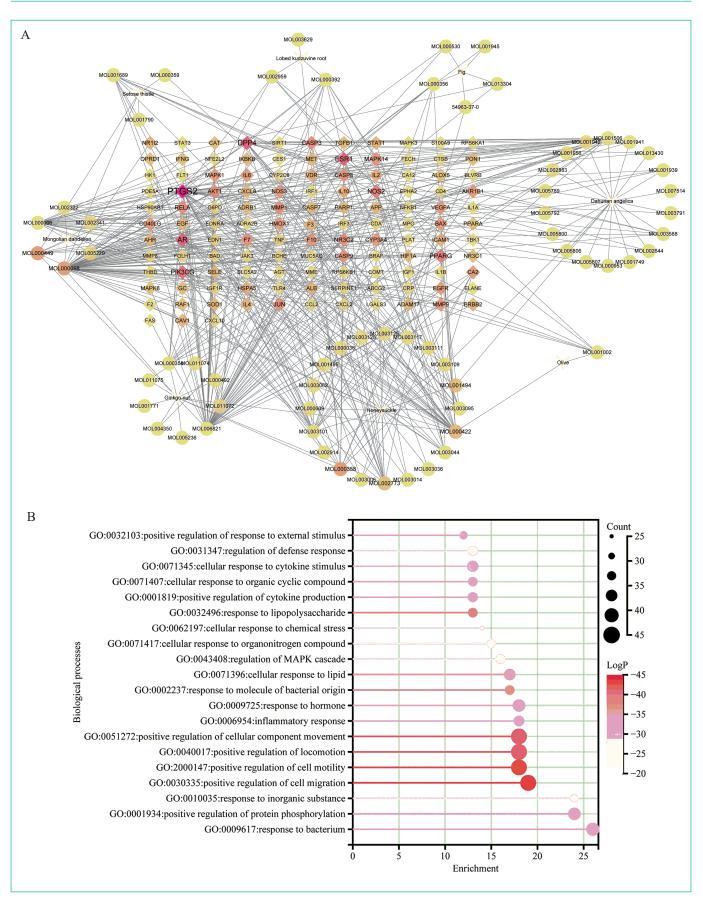
To perform a more thorough investigation into the possible impact of ONWAY' on COVID-19, we analyzed the biological process (BP), cellular component (CC), and molecular function (MF) terms linked to the common targets. Extended data 4 reported a significant enrichment of 1890 GO terms (P<0.01), including 1694 BP terms, 69 CC terms, and 127 MF terms. Additionally, we provide a table (Table 3) displaying 5 GO BP terms that are relevant to viral

Table 2: The degree value determines the top 10 chemical compositions that
are currently active.

Mol ID	Molecule name Source Chinese Herbal me		Degree
MOL000098	quercetin	Mongolian dandelion	65
MOL006821	(-)-epigallocatechin- 3-gallate	Ginkgo nut	52
MOL000422	kaempferol	Honeysuckle	28
MOL00006	luteolin	Mongolian dandelion	28
MOL001506	Supraene	Dahurian angelica	27
MOL003101	7-epi-Vogeloside	Honeysuckle	18

 Table 3: The target genes enriched the virus-related GO terms.

Category	GO	Description	LogP	Enrichment	Count
BP	GO:0009615	response to virus	-9.5	9.5	14
BP	GO:0098586	cellular response to virus	-8.3	21	8
BP	GO:0051607	defense response to virus	-5	7.8	8
BP	GO:0050691	regulation of defense response to virus by host	-3.2	17	3
BP	GO:0050688	regulation of defense response to virus	-2.5	9.9	3



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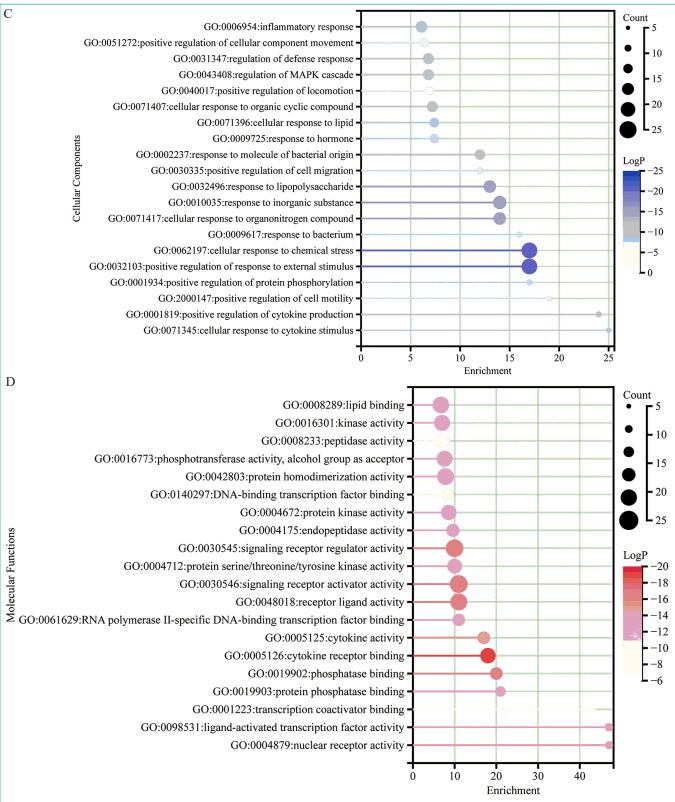
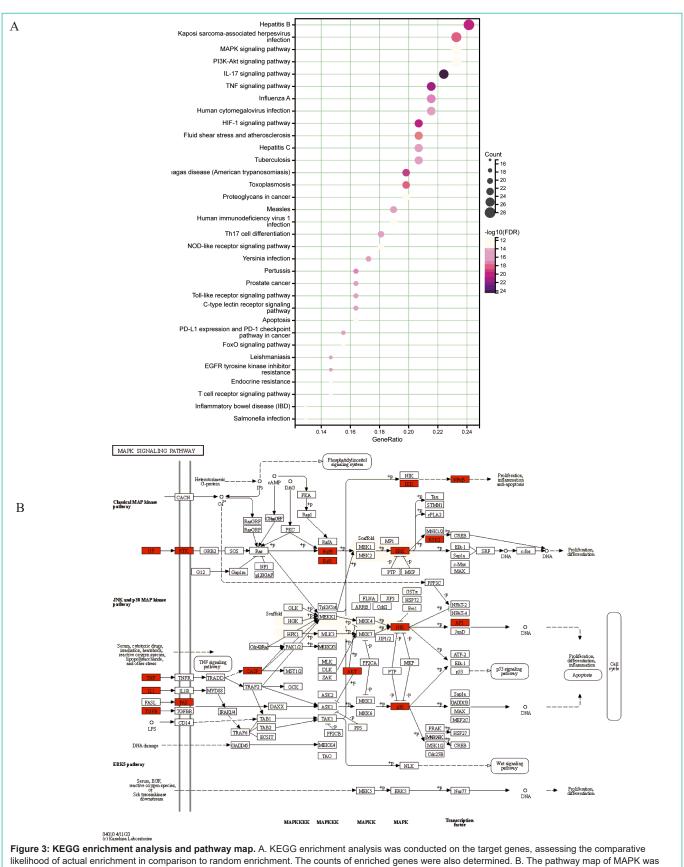


Figure 2: The drug-target pharmacology network construction and the subsequent analysis of GO enrichment. A. The drug-target pharmacology network construction and the subsequent analysis of GO enrichment. The network illustrates the correlation between active compounds of Traditional Chinese Medicine (TCM) components in ONWAY[®] and the target genes associated with COVID-19. The small molecule compounds are represented by circles, the target genes are represented by quadrangles, and the interactions between them are represented by edges. The intensity of the color in the network increases with the degree of connectivity. B-D. The sentence could be revised as follows: The present study conducted a GO enrichment analysis on the target genes. Enrichment in this context denotes the relative probability of actual enrichment compared to random enrichment, while counts represent the quantity of enriched genes.

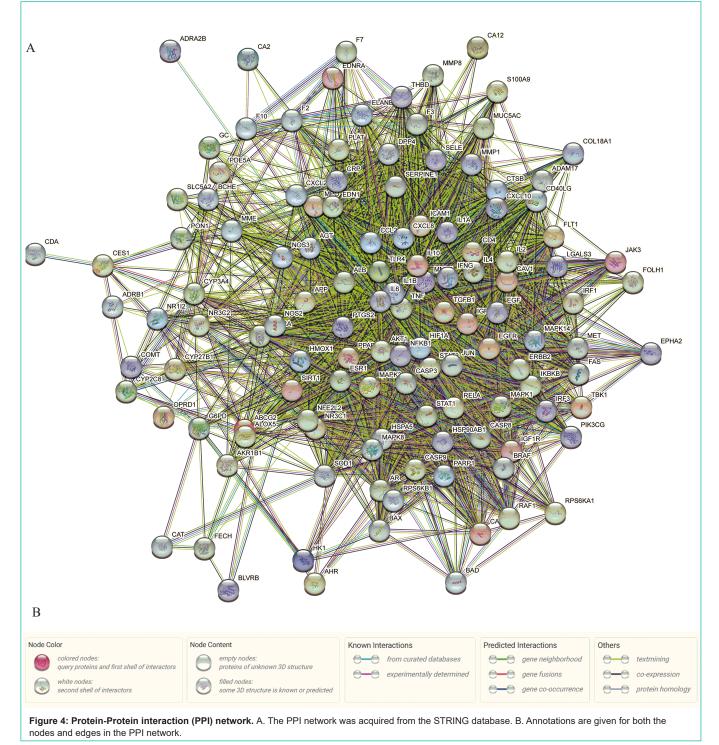


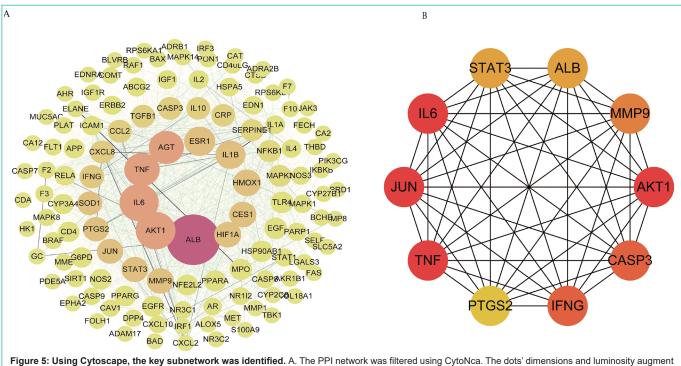
identified as one of the most significant enriched pathways.

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Table 4: Virus-related pathway enriched by target genes.

ID	Description	GeneRatio	pvalue	p.adjust	qvalue	Count
hsa05161	Hepatitis B	28/116	6.30E-23	3.00E-21	1.07E-21	28
hsa05164	Influenza A	25/116	1.03E-18	1.89E-17	6.76E-18	25
hsa05160	Hepatitis C	24/116	1.60E-18	2.66E-17	9.53E-18	24
hsa05170	Human immunodeficiency virus 1 infection	22/116	2.67E-13	1.87E-12	6.69E-13	22
hsa05169	Epstein-Barr virus infection	21/116	8.70E-13	5.45E-12	1.95E-12	21
hsa05165	Human papillomavirus infection	22/116	1.71E-09	7.25E-09	2.60E-09	22
hsa05166	Human T-cell leukemia virus 1 infection	16/116	1.02E-07	3.34E-07	1.20E-07	16
hsa05203	Viral carcinogenesis	12/116	3.52E-05	7.83E-05	2.81E-05	12
hsa04061	Viral protein interaction with cytokine and cytokine receptor	8/116	0.000101	0.00021	7.51E-05	8
hsa05168	Herpes simplex virus 1 infection	18/116	0.000259	0.000506	0.000181	18





in accordance with the network's betweenness. The ten most central points are responsible for the network's highest betweenness values. As the network coexpression value increases, the line's width and depth are seen to enhance. B. Key subnetwork analyzed by CytoHubba, focusing on the top 10 nodes.

invasion, as suggested by the findings of the enrichment analysis. This indicates that these specific genes have a vital function in the infection induced by the virus. Figure 2B displays the top 20 terms that are significantly enriched in the BP, CC, and MF categories. The results suggest that the main BP terms consist of promoting cell migration, promoting cell motility, promoting movement of cellular components, promoting locomotion, reacting to lipopolysaccharide, reacting to molecules of bacterial origin, and responding to lipids. The primary CC terms include lipid raft, membrane microdomain, vesicle interior, secretory granule interior, cytoplasmic vesicle interior, and endoplasmic reticulum interior. In conclusion, the primary MF concepts include binding to cytokine receptors, activating signaling receptors, regulating signaling receptors, ligand activity of receptors, binding to phosphatases, and cytokine activity.

KEGG Enrichment Analysis

KEGG pathway enrichment analysis was conducted on 124 commonly targeted genes, revealing the identification of 143 pathways (P<0.01). This indicates the influence of these target genes on various pathways related to bacterial and viral infection, immune cell differentiation, signal transmission, and significant pathological processes including apoptosis (Figure 3A and Extended data 5). The pathway map of the MAPK was visually depicted in Figure 3B. Additionally, Table 4 showcased the extracted pathways associated with viruses

PPI Network and Core Subnetwork

To offer a thorough comprehension of how ONWAY^{*} impacts COVID-19, we employed a protein-protein interaction network obtained from the STRING database. The network displayed complex connections among the proteins produced by the specified genes (Figure 4A, B). Afterwards, we brought the PPI network into Cytoscape for further examination. In the end, CytoNca and CytoHubba identified two important subnetworks comprising of 10 target genes each (Figure 5A-B).

Molecular Docking of Active Compounds and Selected Proteins

To conduct molecular docking analysis, four genes, namely ALB (albumin), AKT1 (AKT serine/threonine kinase 1), IL-6, and TNF, were chosen by evaluating the overlap between the two primary subnetworks (Figure 6A). Two bioactive compounds, specifically quercetin and (-)-epigallocatechin-3-gallate, were identified from the network of compound-target interaction. These compounds exhibited promising affinity towards the mentioned proteins. Figure 6B-I illustrates that the active compounds effectively entered and bound to the active cavity of all four proteins, as indicated by the results obtained from molecular docking simulations. Figure 7 displays the docking scores using a heat map visualization.

Discussion

The ongoing global spread of SARS-CoV-2 continues to challenge healthcare systems worldwide, particularly due to the lack of fully effective treatments. Notably, China, with a population of over 1.3 billion, has successfully managed transmission, in part due to the use of Traditional Chinese Medicine (TCM), which has shown significant efficacy in the prevention and treatment of COVID-19 [6,11-12]. This study evaluates the potential of ONWAY^{*}, a self-formulated solid beverage made from the aqueous extract of eight medicinal and edible herbs, in managing COVID-19. By analyzing the active components of these herbs, we identified a target gene set of 124 genes associated with COVID-19, which is notably larger than the 10 genes targeted



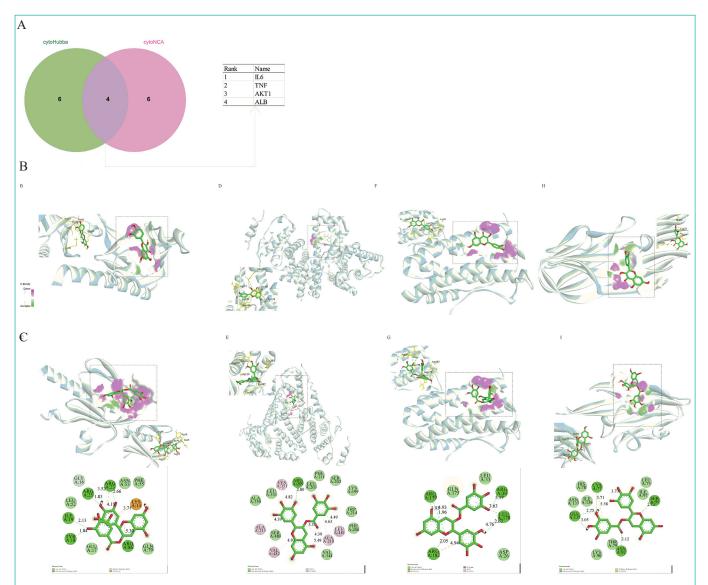
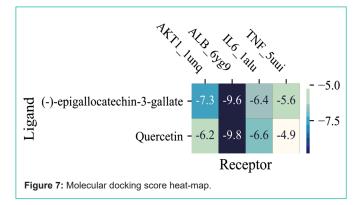


Figure 6: Screening and molecular docking of the essential genes within the subnetwork. A. The key genes were screened by intersecting the two key subnetworks. The process of molecular docking includes the interaction between proteins and small molecule ligands. The top part of the diagram illustrates the three-dimensional arrangement of the ligands and receptors, along with the surface of the receptor. Conversely, the lower portion illustrates a 2D schematic diagram representing the docking model of ligands with proteins. The molecular docking outcomes involving quercetin and AKT1. (B). (-)-epigallocatechin-3-gallate and ALB (D), (-)-epigallocatechin-3-gallate and ALB (E), quercetin and IL-6 (F), (-)-epigallocatechin-3-gallate and IL-6 (G), quercetin and TNF (H), and (-)-epigallocatechin-3-gallate and TNF (I) were visualized.



by LHQW. Our network analysis confirmed key compound-target pairs, and Gene Ontology (GO) and Kyoto Encyclopedia of Genes and Genomes (KEGG) enrichment analyses revealed that ONWAY^{*} influences immune pathways critical to viral defense.

Further protein-protein interaction (PPI) network analysis identified four hub targets among the 124 genes. Molecular docking studies confirmed interactions between ONWAY^{*} components and targets such as ALB, Akt1, IL-6, and TNF, supporting ONWAY^{*}'s potential therapeutic effects against COVID-19. These findings suggest that ONWAY^{*} may enhance immune responses and potentially mitigate viral replication.

The significance of these results is underscored by the role of key components like honeysuckle, angelica, and dandelion, which have

demonstrated antiviral and anti-inflammatory effects in prior studies. Their synergy with oseltamivir in treating influenza A also supports their potential in managing COVID-19. Our analysis of the 20 leading GO terms indicates that ONWAY* may modulate the oxidative stress pathway, which plays a significant role in the pathophysiology of severe COVID-19. Overproduction of reactive oxygen species (ROS) is known to contribute to tissue damage in COVID-19 patients [13], and ONWAY"s potential to reduce oxidative stress could provide a therapeutic advantage. Additionally, the enrichment of target genes in MAPK pathways aligns with research indicating the role of p38 MAPK in SARS-CoV-2 infection. Elevated p38 MAPK activity has been linked to higher levels of IL-8 and may contribute to inflammatory responses and cell death during infection [15-16]. Moreover, ONWAY's impact on the MAPK pathway suggests its potential to modulate platelet activation, which is associated with thrombosis and inflammation in COVID-19 [17].

Akt1, a key protein in the PI3K/Akt pathway, has been shown to play a crucial role in viral protein synthesis and immune cell function. Its activation promotes immune responses but excessive Akt1 activity may lead to T-cell exhaustion and poor outcomes in viral infections, including COVID-19 [18-26]. Our findings suggest that ONWAY^{*} could help regulate Akt1 activation, thereby modulating immune responses and improving prognosis in COVID-19 patients.

Furthermore, ALB, which is vital for immune function and nutritional balance, is negatively correlated with poor outcomes in COVID-19 [27]. The interaction between ONWAY⁺ components and ALB highlights its potential to support immune function in COVID-19 patients, particularly by reducing inflammatory cytokines like TNF and IL-6, which are central to the cytokine storm observed in severe COVID-19 cases [29-31].

Our molecular docking analysis further confirmed interactions between Akt1, TNF, IL-6, and the active compounds in ONWAY^{*}. These findings underline the potential of ONWAY^{*} in modulating inflammation and immune responses. The results provide a pharmacological basis for ONWAY^{*}s therapeutic potential in treating COVID-19 and offer insights for the development of new antiviral agents.

In conclusion, this study suggests that ONWAY' could play a significant role in managing COVID-19 by modulating immune responses, reducing inflammation, and targeting key viral pathways. However, further investigation into the mechanisms of its active compounds is essential to fully understand its potential and develop more effective antiviral treatments.

Acknowledgments

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Author Contributions

FM. Yang contributed to the development and planning of the research. FM. Yang, JW. Wei, and J. Dong conducted the network pharmacology and bioinformatic analyses and authored the article. The manuscript was reviewed by FM. Yang and J. Dong, and subsequently approved as the final version.

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