

Clinical Image

Pediatric Foot Health: A Focus on Children with Flat Feet, Hallux Valgus, and First Metatarsophalangeal Joint Subluxation

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The subject of this case report is a 10-year-old child who presented with a constellation of clinical symptoms, including foot pain, fatigue, and difficulty walking. Upon physical examination, it was observed that the child exhibited a collapsed arch on the right foot with the entire sole in contact with the ground, and the right hallux was visibly deviated laterally. Subsequent radiographic imaging of the right foot indicated the presence of a shallow plantar arch, hallux valgus, and subluxation of the first metatarsophalangeal joint.

These conditions—pes planus (flatfoot), hallux valgus, and subluxation of the first metatarsophalangeal joint—pose significant implications for a child's overall development and mobility. Hence, the child successfully underwent corrective surgery



Figure 1: X-ray lateral view of right foot showed shallow flat arch of the right foot.

on the right foot under general anesthesia with favorable outcomes. This case underscores the importance of parental vigilance concerning children's foot health. Early identification of such conditions is essential, as it facilitates timely and appropriate interventions to promote optimal musculoskeletal development



Figure 2: A/P view of the right foot shows hallux valgus and the joint between the first metatarsal and the first phalanx is partially out of normal position.