

## Special Article - Brain Injury Medicine

# MDT Spasticity Assessment

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## Aims

To improve the In-patient Spasticity services at CERU (Cen Unit), UK

## Abstract

We do inject our patients with Botulinum Toxin for their spastic limbs following their neurological illness, (e.g., following trauma, Multiple Sclerosis or other neurological illnesses). To improve the multidisciplinary team and to improve the functional Outcome management, now we developed a multidisciplinary approach which includes them being seen in the ward round by the multidisciplinary team for their spasticity together and make a management plan according to their goals in mind. We designed a Performance for each patient management to be filled via MDT approach and be reviewed.

## Methods

We developed a multidisciplinary approach for these patients being seen in the ward round by the multidisciplinary team spasticity

together and make a management plan according to their mind. We designed a Performance for each patient who needs to be filled via MDT approach and be reviewed accordingly.

The timescale for this project was from October 2015 to January audit to make sure we achieved the goals and made the service implemented accordingly.

## Results

This service development plan improved our patient's management as was measured through feedback and an audit. The multidisciplinary spasticity management showed an improvement in Outcome management with a better review plan in place as well with communication.

## Conclusion

This altered muscle tone assessment and Evaluation clearly showed a multidisciplinary approach as per Guidelines for the spasticity the outcome of the management of spasticity in patients with brain Injury.