

Research Article

Lipoprotein (a) and Interleukin-6 Genetic Polymorphisms Interactions Associated with Cardiovascular Events in the Mexican Population

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Abstract

Cardiovascular diseases are complex conditions whose more prominent clinical manifestations more prominent are coronary arterial disease, myocardial infarction, and stroke, the principal causes of death worldwide. Although different risk factors have been related to their development, heritability is one of the most relevant predictors. Thus, the exploration of different loci using genetic polymorphisms is the most used strategy to find risk biomarkers. Genes related to lipid metabolism, pro-thrombotic and inflammation processes have been the most studied. Overall, of genetic association studies research genes of specific biological processes. Nevertheless, the interaction among genes involved in different process is the best approaches to find genotype-phenotype associations, as shown in the genome-wide association studies. Likewise, to avoid bias related to the ethnic background genomic and ancestral controls should be included. Herein, lipoprotein (a) and interleukin 6 genetic polymorphisms were analysed. Our findings suggest an interaction between these genetic polymorphisms that could contribute to the development of cardiovascular diseases. Additionally, the inclusion of the genomic and ancestral controls evidenced an interethnic variation in the studied populations, reflecting the influence of demographic processes in the search for risk biomarkers. Finally, the present study reinforces the contribution of the polymorphisms on lipoprotein (a) gene in the incidence of cardiovascular events.

Keywords: Lipoprotein (a); Interleukin-6; Genetic polymorphisms; Atherothrombosis; Mexico

Abbreviations

AGC: Ancestral Genome Control; BMD: Bone Mineral Density; BMI: Body Mass Index; CEPH: *Centre d'Etude du Polymorphisme Humain*; CEU: Utah residents with Northern and Western European ancestry from the CEPH collection; CI: Confidence Interval; CINESTAV: Center for Research and Advanced Studies; CNV: Copy Number Variable; CVDs: Cardiovascular Diseases; DNA: Deoxyribonucleic Acid; GAS: Genetic Association Studies; GC: Genome Control; GWAS: Genome-Wide Association Studies; HbA1cglycated: Haemoglobin A1c; HDL: High Density Lipoprotein; HWE: Hardy-Weinberg Equilibrium; IL-6: Interleukin-6; *IL6*: Interleukin-6 Gene; IMSS: *Instituto Mexicano del Seguro Social*; IC: Interquartile Range; *k*: Number of Subpopulations; kcal/day: Kilocalories Per Day; KIV-2: Kringle-type 2; LD: Linkage Disequilibrium; LDL: Low Density Lipoprotein; Lp(a): Lipoprotein (a); *LPA*: Lipoprotein(a)gene; MACs: Multi-Allelic Combinations; MAF: Minor Allele Frequency; MDS: Multidimensional Scaling; METs: Metabolic Equivalents; mg/dL: Milligrams Per Decilitre; MI: Myocardial Infarction; min/week: Minutes Per Week; mmHg: Millimetres of Mercury; MXL: Mexican ancestry in Los Angeles, California; OR: Odds Ratio; PCR: Polymerase Chain Reaction; PEL: Peruvian in Lima, Peru; SEM: Standard Error of the Mean; SNP: Single Nucleotide Polymorphisms; STREGA: Strengthening the Reporting of Genetic Association Studies; TSI: Toscani in Italy; WES:

Whole Exome Studies.

Introduction

Cardiovascular Diseases (CVDs) occupy the higher mortality rates worldwide [1]. These complex conditions are related to the lifestyle, behavioural risk factors (i.e., tobacco use, alcohol consumption, among others) and to genetic predisposition [2]. Heritability is a strong predictor of susceptibility and a fruitful tool to identify risk biomarkers. Genome-Wide Association Studies (GWAS) and more recently Whole Exome Studies (WES) support that hypercoagulability, hypofibrinolysis, oxidative and inflammatory processes and lipid metabolism are keystones in CVDs development [3,4]. Lipoprotein(a)-Lp(a)-, a homologous protein to plasminogen, is involved in the vascular remodelling and tissue repairing [5]. Further, Lp(a) has a critical role in pro-inflammatory and pro-atherogenic oxidised phospholipids formation, being related to atherosclerosis and thrombosis risk, and its subsequent clinical manifestations [6,7]. Of note the high heritability of Lp(a) plasma concentrations associated with genetic variants in *LPA* gene, which has been broadly studied albeit in Mexico this kind of studies are scanty [5].

Pro-inflammatory cytokines have been related to the clinical prognosis of CVDs [8]. Particularly, interleukin-6 (IL-6) increases platelet count and aggregation, participates in endothelial cells activation and consequently induces a prothrombotic state [9].

Table 1: Populations used to descriptive analysis with a short description of each one; the comparison data was obtained from the 1000 genomes project.

	Population	Region	n
Mexican (this work)	Mexican Mestizo	Central Valley of Mexico, Mexico	289
	Mazahuas	Santa Rosa Estado de Mexico, Mexico	19
	Me'Phaas	Upland of Sierra de Guerrero, Mexico	32
	Nahuas	Southeaster of Puebla, Mexico	32
Latin American	Mexican American	Los Angeles, California, USA	64
	Puerto Ricans	Puerto Rico	104
	Colombians	Medellin, Colombia	94
	Peruvians	Lima Peru	85
African	Yoruba	Ibadan, Nigeria	108
	Luhya	Webuye, Kenya	99
	Gambian	Western Divisions, Gambia	113
	Mende	Sierra Leone, Republic of Sierra Leone	85
	Esan	South Nigeria, Nigeria	56
African derived	Afro-Barbadian	Barbados in Caribbean, Barbados	96
	Americans of African Ancestry	Southwest USA	61
European	Toscani	Tuscany, Italia	107
	Finnish	Finland, Republic of Finland	99
	British	England and Scotland, UK	91
	Iberian	Iberia, Spain	107
European derived	Northern and Western European Ancestry	UTAH, USA	99
South Asian	Punjabi	Lahore, Pakistan	96
	Bengali	Bangladesh, Bangladesh	86
	Sri Lankan Tamil	London, UK	102
	Indian Telugu	United Kingdom	102
	Gujarati Indian	Huston, Texas, USA	102

Although different Genetic Association Studies (GAS) have explored the participation of IL-6 as a risk marker, the results have been inconclusive [10,11]. The discrepant results among different populations could be related to the complex genetic architecture of multi-ethnic populations where some biochemical determinations could be variables depending on the ethnicity [12]. Moreover, the best approach to identify promising biomarkers involves the study of multiple genes in different biological processes as well as the interactions among them [13].

The present study evaluates the allelic interaction between two different genes (*LPA* and *IL6*) to delve in the genetic influence and contribute to elucidate the pathophysiological mechanisms of CVDs.

Material and Methods

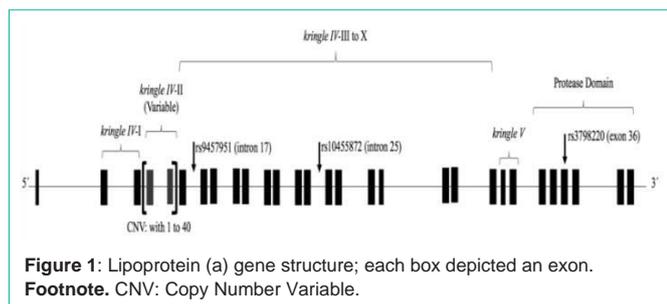
Studied populations

Blood samples were collected from 780 unrelated individuals (1560 chromosomes) born in Mexico with at least three generations of ancestors born in this country, who were divided into four groups. The first group (cases, n=204) and the second one (controls, n=204) were recruited from the Thrombosis, Haemostasis and Atherogenesis Medical Research Unit of the Mexican Social Security (IMSS initials in Spanish) in Mexico City.

Cases group was confirmed by individuals with myocardial infarction (58%) and stroke (42%), not taking lipid-modifying hypoglycemic drugs. Individuals with myocardial infarction (MI, average age: 54; range: 29 - 85) were defined through echocardiogram, electrocardiogram, serum enzymes and/or coronal intervention. Rather, individuals with stroke (average age: 42; range: 11 - 89) were diagnosed using computerised axial tomography scan or magnetic resonance methods.

Controls (average age: 48; range: 16 - 87) were included in the absence of any atherothrombotic events confirmed by clinical records. Classical risk factors such as diabetes type 2 (HbA1c > 6.5% and fasting glucose > 126 mg/dL), hypercholesterolemia (fasting levels of cholesterol > 200 mg/dL, LDL > 135mg/dL, HDL < 45mg/dL), hypertension (systolic blood pressure > 140 mmHg / diastolic blood pressure > 90 mmHg), Body Mass Index (BMI), use of hormones, gender, and age, were also obtained from clinical records. Physical activity, diet, family history of CVD, smoking habits, drugs and alcohol intake, were determined using questionnaires.

The third group was a Genome Control (GC) whereas the fourth group was an Ancestral Genome Control (AGC). These two control groups are powerful tools to validate the GAS in populations with complex genetic architecture as the Mexican population. These



controls followed the STREGA (Strengthening the Reporting of Genetic Association Studies) statement to improve the quality of GA studies, decreasing the bias caused by statistical errors type I and II [14]. GC was confirmed by 289 Mexican Mestizos (141 men and 148 women) from the Central Region of Mexico (states of Querétaro, Guanajuato, Puebla and Mexico City). These individuals presented comparable ancestral background to the cases and controls thus GC was also a critical tool to determine the population genetic parameters (i.e., gene frequencies, Hardy-Weinberg expectation and linkage disequilibrium). AGC was included to avoid the spurious associations related to the interethnic variation. This group included 83 Mexican Native Americans from three different ethnicities: Mazahuas (n=19), Me'Phaas (n=32), and Nahuas (n=32) who ancestry is one of the most prominent in the Central Region (Table 1).

Each individual signed an informed consent letter where genealogical data was included to avoid overrepresentation of alleles due to inbreeding. This GAS was conducted in agreement with the principles established by the Declaration of Helsinki and approved by the ethics committee of IMSS (R-2015-3609-20) and Center for Research and Advanced Studies (CINVESTAV, initials in Spanish) in Mexico City.

Genotyping assessment

Genomic DNA was isolated from peripheral blood leukocytes using a salting-out kit (Jena Bioscience, Jena, Germany). Four Single Nucleotide Polymorphisms (SNP) were studied (*IL-6*-rs1800795, *LPA*-rs9457951, *LPA*-rs10455872, and *LPA*-3898220) using a 5'-exonuclease TaqMan assays (Applied Biosystems, Carlsbad, CA, USA) following the manufacturer's instructions (Figure 1). PCR cycling conditions consisted of a pre-incubation period (10 min at 95°) followed by 40 cycles (0.25 min at 92 and 1.5min at 60°) using a C1000 Touch Thermal Cycler (Bio-Rad, Richmond, CA) for data acquisition. All experiments were performed in duplicate.

Statistical analysis

Population genetic analysis: Allele and genotype frequencies, as well as the Linkage Disequilibrium (LD) were done using Arlequin v.3.5 software [15]; multi-allele frequencies were estimated using direct counting. Hardy-Weinberg expectation was determined by Genetix v.4.05 software applying Weir and Cocker ham's *F* statistics using 10,000 permutations [16].

To avoid spurious associations due to population stratification, the genetic differences between cases and controls were corrected with the number of subpopulations (*k*) previously reported by Gomez et al, using the Strat v.1.1 software [17,18].

Comparisons with other populations: To compare the genetic data obtained in the present study with African-, Asian- and European descendants, 1200 individuals from 1000 Genomes Project was employed (Table 1) [19]. The genetic differences among populations were visualised through Multidimensional Scaling (MDS) plot with SPSS v.23 software (Chicago, IL, USA) [20].

Statistical test and Models

Comparisons of statistical means between cases and controls for variables such as smoking (pack-year), physical activity (metabolic equivalent, METs; min/week), and energetic intake (kcal/day) were performed by Mann-Whitney's test. Additionally, the statistical means differences in parametric variables such as BMI, age, cholesterol, and alcohol intake were evaluated using Student's *t*-test. The genetic differences between cases and controls by categorical risk factors (i.e., hypertension, hypercholesterolemia, diabetes, and hormones uptake) were compared by chi-square test. These statistical parameters were performed with STATA v.12.0 software (Stata Corp., College Station, TX, USA) [21].

The continuous variables that exhibited differences between groups were categorized to fit logistic models, as follows: tobacco variable (non-smokers or reference group, smokers with low and high exposure according to the median control group, \approx 2 pack per

Table 2: Comparisons between cases and controls using bivariate co-variable analysis.

Variable	Cases	Controls	P Value
	n = 204	n = 204	
Parametric Variables (Mean± SEM)			
BMI	26.6 ± 0.31	27.15 ± 0.35	0.2244
Age (years)	47.5 ± 1.01	48 ± 1.16	0.7634
Cholesterol intake (mg/day)	244.33 ± 14.48	256.56 ± 13.15	0.5329
Alcohol consumption (gr/week)	54.92 ± 11.34	30.68 ± 4.34	0.046
Non-Parametric Variables. Median [IR]			
Tobacco (pack-year)	4 [1-15]	2 [0.3 - 9]	0.0074
Physical Activity (MET-min/week)	960 [0 - 3360]	960 [0 - 2160]	0.7017
Caloric Intake (kcal/day)	1722.3 [1438 - 2065]	1615.5 [1404 - 1933]	0.072
Categorical Variables			
Sample size (%)			
Gender (Women)	102 (50)	102 (50)	1
Stroke/MI	120 (58.8)/84 (41.2)	-	-
Hypertension	57 (27.9)	36 (17)	0.0132
Hypercholesterolemia	41 (20)	13 (6.4)	<0.0001
Diabetes	27 (13.2)	21 (10.3)	0.3566
Family history	112 (54.9)	56 (27.4)	<0.0001
Use of hormones	1 (0.49)	3 (1.4)	0.3149

Footnote. Variables such as BMI (Body Mass Index), age, cholesterol intake and alcohol consumption are exhibited as the mean ± Standard Error of the Mean (SEM). Tobacco, physical activity and caloric intake are presented as median and Interquartile Range [IR]. Gender, hypertension, hypercholesterolemia, diabetes, use of hormones and family history of cardiovascular diseases are represented as percentages. *P* values were obtained by Student's *t*, Mann Withney's *U* and *Chi* squared tests, respectively. Bold numbers show statistical significance between groups. *P* values < 0.05 was considered as statistically significant.

Table 3: Descriptive population genetic parameters in studied populations.

Population/SNP	MAF	n	Allele frequencies		Genotype frequencies			Ho	He	F _{IS}	HWE (P-value)
			G	C	GG	CG	CC				
IL6-rs1800795	0.14										
Controls		204	0.86	0.14	0.75	0.22	0.03	0.21	0.24	0.09	0.15
Cases		204	0.86	0.14	0.75	0.22	0.03	0.22	0.24	0.08	0.17
Genomic Control		289	0.87	0.13	0.75	0.24	0.01	0.25	0.23	-0.09	0.97
Mazahuas		19	1.00	-	1.00	-	-	-	-	-	-
Me'phaas		32	1.00	-	1.00	-	-	-	-	-	-
Nahuas		32	0.98	0.02	0.97	0.03	-	0.03	0.03	-	1.00
LPA-rs9457951	0.05		C	G	CC	CG	GG				
Controls		204	1.00	-	1.00	-	-	-	-	-	-
Cases		204	0.98	0.02	0.97	0.03	-	0.03	0.03	-0.02	1.00
Genomic Control		289	0.99	0.01	0.98	0.02	-	0.02	0.02	-0.01	1.00
Mazahuas		19	1.00	-	1.00	-	-	-	-	-	-
Me'phaas		32	1.00	-	1.00	-	-	-	-	-	-
Nahuas		32	1.00	-	1.00	-	-	-	-	-	-
LPA-rs10455872	0.02		A	G	AA	AG	GG				
Controls		204	0.97	0.03	0.95	0.05	-	0.05	0.05	-0.02	1.00
Cases		204	0.96	0.04	0.92	0.07	0.01	0.07	0.08	0.08	0.29
Genomic Control		289	0.96	0.04	0.93	0.06	0.01	0.07	0.07	0.06	0.30
Mazahuas		19	1.00	-	1.00	-	-	-	-	-	-
Me'phaas		32	1.00	-	1.00	-	-	-	-	-	-
Nahuas		32	0.98	0.02	0.97	0.03	-	0.03	0.03	-	1.00
LPA-rs3798220	0.05		T	C	TT	CT	CC				
Controls		204	0.72	0.28	0.52	0.39	0.09	0.39	0.41	0.04	0.34
Cases		204	0.71	0.29	0.53	0.37	0.10	0.37	0.41	0.10	0.11
Genomic Control		289	0.73	0.27	0.56	0.35	0.09	0.35	0.39	0.11	0.06
Mazahuas		19	0.58	0.42	0.42	0.32	0.26	0.32	0.49	0.37	0.11
Me'phaas		32	0.50	0.50	0.19	0.62	0.19	0.62	0.50	-0.23	0.95
Nahuas		32	0.39	0.61	0.13	0.53	0.34	0.53	0.48	-0.10	0.81
Summary											
Controls		204								0.05	0.19
Cases		204								0.09	0.03
Genomic Control		289								0.04	0.21
Mazahuas		19								0.37	0.13
Me'phaas		32								-0.23	0.96
Nahuas		32								-0.09	0.82

Footnote. He = Expected Heterozygosity; Ho = Observed Heterozygosity; HWE = Hardy Weinberg Equilibrium; F_{IS} = Weir and Cocker ham F statistics; MAF = Minor Allele Frequency; P values < 0.05 was considered as statistically significant. Bonferroni's correction P < 0.0125.

year); physical activity was categorized according to World Health Organization parameters as high (>500 METs min/week), medium (0 < X ≤ 500 MET-min/week) and moderate activity; alcohol use separated into a mean control group (30.6 mg/week) and a reference group as (non-drinkers) [22].

Ultimately, multiple logistic regression models (for risk alleles) were adjusted for confounders, using the STATA v. 12.0 software. Possibly modifiers were determined by interaction analysis (data not shown). This analysis did not identify any interactions among

variables.

Results and Discussion

Table 2 shows the statistical differences in the co-variables between cases and controls. Classical risk factors such as hypertension, hypercholesterolemia and tobacco exposure presented statistical differences, being consistent with previous reports [23,24]. Cigarette smoking has been related to the promotion of prothrombotic molecules secretion, reinforcing its contribution in CVD development

[25]. The family history of CVD also presented statistical differences ($P \leq 0.0001$), highlighting the importance of GAS [26]. In the present study, the search of predisposition markers to delve in the genetic influence of this medical condition was done.

Overall, the studied populations exhibited common tendencies both in allele as well in genotypic frequencies (Table 3). *LPA*-rs9457951 exhibited a monomorphic behaviour, however, nuance differences were found in the cases population related to the G allele (OR = 2.85, 95% CI = 0.95 – 8.60, $P = 0.05$). This trend was also found using an additive model where the frequency of GG+GC was higher in cases than in controls plus genomic control (OR = 3.71, 95% CI = 1.03 – 13.26, $P = 0.04$) suggesting a marginal association. Nevertheless, the sample size and the prominent frequency of C allele in the Hispanics limit this interpretation [12]. Meanwhile, *LPA*-rs10455872 exhibited similar distribution than those reported in other Latino populations [27]. On the contrary, *LPA*-rs3798220 presented remarkable differences in its distribution. The C allele, defined as risk allele, presented low frequencies in Brazilians (0.06), Afro-descendants, and European-derived populations (< 0.01), being more frequent in the Mexican populations [28]. Of note, the high prevalence of this allele among the Mexican Native Americans (0.42 – 0.61), suggesting a possible contribution of this ancestry to CVDs development. In concordance with this finding, the Amerindian background has been related to dyslipidaemia incidence and consequently to CVDs predisposition [29].

CVD are polygenic conditions that follow heterogeneous patterns. Thus, the study of multiple loci and different polymorphisms within each locus is one of the best approaches to explore its possible contribution in genotype-phenotype associations. In that vein, different Multi-Allelic Combinations (MACs) were built using the risk alleles addressed in prior reports. Frequency differences between cases and controls were found in two MACs. Given that the frequency in these two MACs was absent in controls, statistical limitations were presented to make any association. To solve this inconvenient, the frequencies of MACs in cases were compared with the MACs obtained in controls plus GC. With this approach, the MAC-1 composed of the polymorphisms rs10455872-G and rs3798220-C located on *LPA* gene (OR = 2.28, 95% CI = 1.02 – 5.09, $P = 0.03$) showed important differences. Moreover, the MAC-2 composed of *LPA*-rs10455872-G and *IL6*-rs1800795-C (OR = 4.06, 95% CI = 0.96 – 17.16, $P = 0.05$) presented a marginal difference also imposed by small a sample size. With this in mind, a possible contribution of these MACs with continuous variables was done. Carriers of MAC-1 presented 1.48 times more cholesterol intake than non-carriers (388 mg/day versus 217 mg/day; $P = 0.03$), which may contribute to 1.8 times more risk of stroke development ($P = 0.02$). Interestingly, this is independent of the physical activity (2407 METs versus 6805 METs; $P = 0.001$), underlying the importance of genetic contribution. All values were adjusted to age, diet and physical activity.

Our results support previous findings where rs10455872 and rs3798220 have been associated with CVD; thus these polymorphisms could be used as potential risk biomarkers [30,31]. Particularly, rs10455872 has been related to the circulationLp (a) levels. This phenotype-genotype relation is the consequence of the strong association between rs10455872 and the copy number of Kringle-

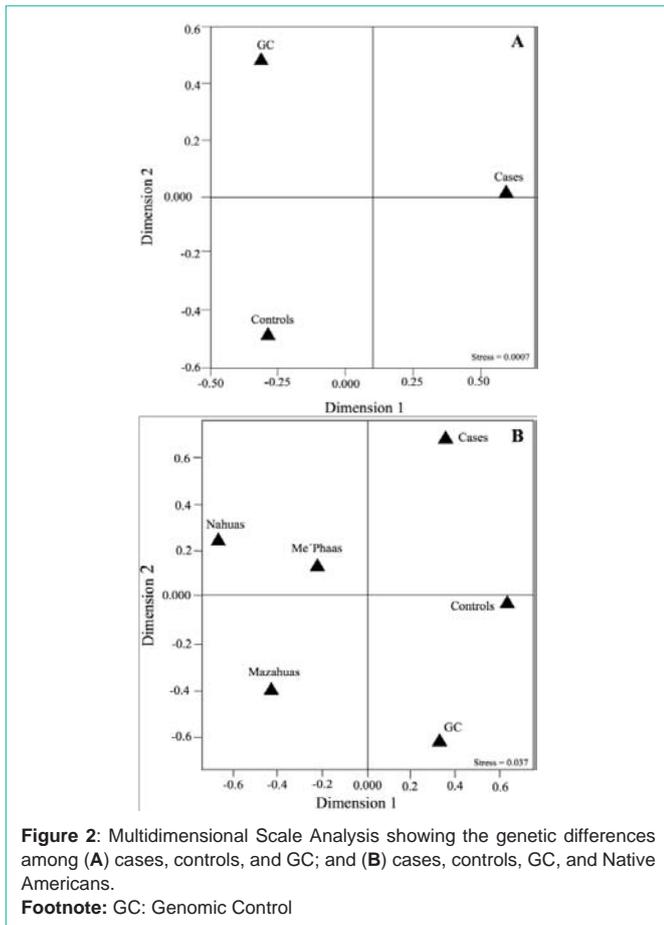
type 2 (KIV-2), which length modifies Lp (a) levels [9]. However, other SNPs located upstream of *LPA* gene have also been associated with CVD [12,31]. This association is also the result of the critical role of *LPA* in different peculiarities of CVD: thrombosis promotion, development and progression of coronary atherosclerosis, and the arterial repository of oxidised phospholipids through apo B100, among others [12,32,33]. As a consequence, variants in *LPA* are considered as a risk factor *per se*, supported by multi-ethnic studies, GWAS, and WES [34-36]. Although *LPA* is a causal and independent risk factor, the present study underlines the importance of gene interactions to elucidate the aetiology of these broad medical conditions. Hence, the interaction between inflammation processes, the lipid metabolism, and the endothelial dysfunction was addressed herein.

Despite no statistical differences were found in the combination between *IL6*-rs1800795-C and *LPA*-rs3798220-C, this interaction could be related to a modest gain in weight ($P = 0.02$). This anthropometric characteristic may increase the MI in 1.13 times, mainly in men, suggesting a possible gender-based difference. Previously, *IL6*-rs1800795 has been associated with CVD in different populations [37,38]. It is noteworthy that important controversies have been reported about this polymorphism, whose risk allele has not been totally defined. Prior studies in Italian, Spanish and United Kingdom groups have positively associated the C allele with CVD [39-42]. On the other hand, G allele has been reported as a risk allele by European (Austrian, Italian, and Polish) and Asiatic (Chinese) research groups [11,43-46]. These discrepancies may relate to an interethnic variation where the C allele could have been directly imported from Spain during the colony period [47]. Thus, present-day Mexican Mestizos are the carrier of this allele, which is extremely scarce in the Native Americans. In this setting, European-derived populations such as Utah residents with Northern and Western European ancestry from the *Centre d'Etude du Polymorphisme Humain* (CEPH, initials in French) collection (CEU) as well as Toscani in Italy (TSI) exhibit the highest frequencies supporting this hypothesis [19].

About the moderate gain of weight found in *IL6*-rs1800795, prior reports have shown an association of the CC genotype with high Bone Mineral Density (BMD) [48,49]. The increase in BMD is concurrent with higher weight, reinforcing our findings.

All populations were in Hardy-Weinberg Equilibrium (HWE) with a slight departure in the cases caused by homozygote excess ($F_{is} = 0.086$; $P = 0.027$). Although this departure was lost after the Bonferroni's correction ($P \leq 0.0125$), it could suggest an evidence of genetic association [50,51]. This possible finding was supported by the HWE in both controls and GC, which arose from the same population than cases. Besides, the MDS plot (stress value = 0.007), where the cases exhibited a substantial genetic differentiation regarding the controls and the GC bolstered a possible association (Figure 2). However, it is likely that the small sample size may increase the homozygosity in the studied population as a result of genetic drift [52].

The accuracy in GAS is a keystone to validate the associations. Genetic statistic parameters are powerful tools to support the phenotype-genotype associations, avoiding spurious results [53]. Thus, together with Hardy-Weinberg expectations, LD patterns were explored. A significant LD between *IL6*-rs1800795 and *LPA*-rs3798220

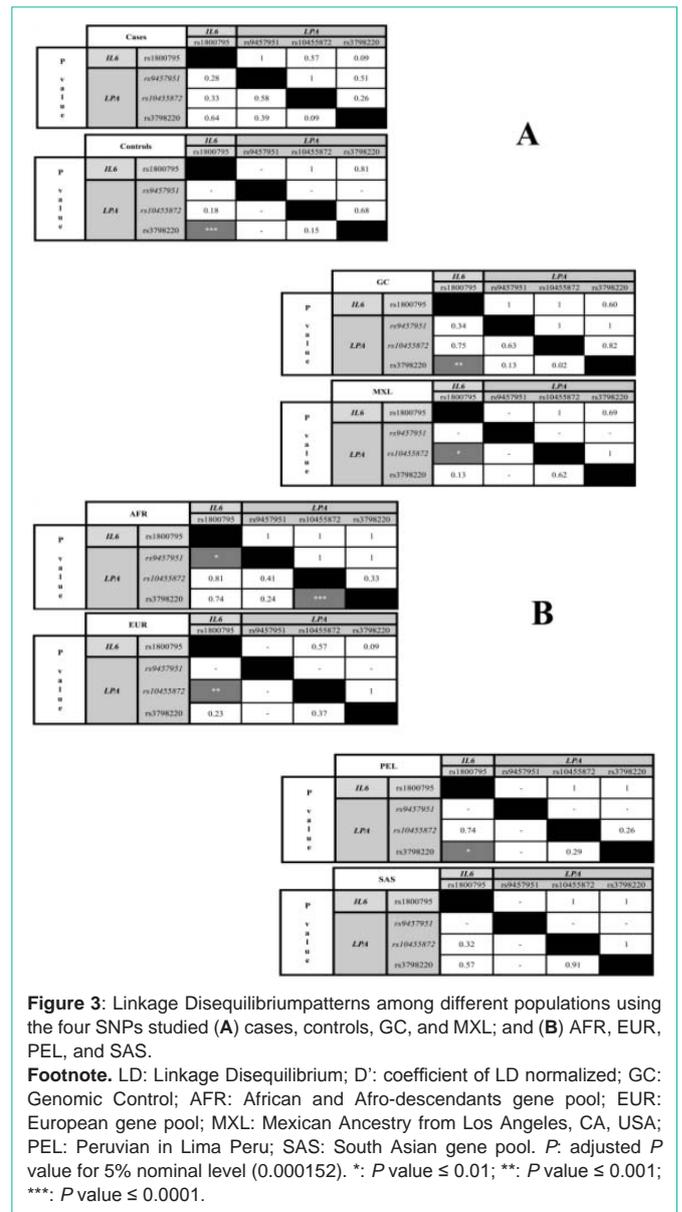


($P = 0.0001$) was found in controls and GC but not in cases, suggesting that these differences were the result of a genetic stratification (Figure 3A). When compared our results with worldwide populations from the 1000 genomes project, different patterns were also found. African, European, South Asian and even Mexican ancestry in Los Angeles, California (MXL) populations exhibited linkage equilibrium; Peruvian in Lima, Peru (PEL) population presented LD (Figure 3B). These difference are a signature of spurious LD deeply present in admixed populations such as Mexican and Peruvian [54]. Therefore, the genetic stratification correction using Bayesian methods was also done; the phenotype-genotype relations were marginally maintained ($P = 0.09$) supporting the influence of genetic background in the CVD. Thus, the linkage equilibrium found in cases probably was a consequence of the small population size.

Although our study presented weaknesses in the sample size, the inclusion of GC and AGC were important strengths, which were highlighted in a recent study that reinforces the present findings [12]. However, our results should be interpreted in light of these limitations.

Conclusion

The present study supports prior findings of *LPA* gene contribution in the development of CVD and its role as a risk biomarker. Moreover, the importance of gene interactions among different loci and the advantages of population genetics in the strengthening of the genetic associations were highlighted. To our



knowledge, this is the first study that reports an interethnic variation in *IL6*-rs1800795.

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